Happy days

拍数: 64

级数: Phrased Intermediate

编舞者: Arne Stakkestad (BEL) - April 2008

音乐: Happy Days - Pratt & McClain

Info: start the dance after 40 counts intro, 1 bridge 8 counts after 3th time part BOrder of dance: A, B, A, B, A, B, Bridge, A, B, A, B, A, A, A EndingPart A 32 countsRumba Box1-4Right step to right side, Left step beside Right, Right step forward, hold

5-8 Left step to left side, Right step beside Left, Left step back, hold

1⁄4 hitch right, step, lock, step, hold, 1⁄2 hitch left, step, lock, step, hold

- &9-12 ¹⁄₄ right and hitch Right knee, Right step forward, Left cross behind Right, Right step forward, hold (3h)
- &13-16
 ¹/₂ left and hitch Left knee, Left step forward, Right cross behind Left, Left step forward, hold (9h)

Toe struts, touch heel forward, hold, touch toe back, hold

- 17-20 Right toe strut forward, Left toe strut forward
- 21-22 Right touch heel forward , hold (bend backwards and Right thumb up)
- 23-24 Right touch toe backwards, hold (bend forward and Left thumb up)

Heel struts turn ¾ left

- 25-28 Right heel strut (begin ³/₄ turn left), Left heel strut
- 29-32 Right heel strut, Left heel strut (end the ³/₄ turn left) (12h)

Wave arms right, left, right, left, palm of hand forward

Part B 32 counts

Jazz box 1/2 right with holds

- 1-4 Right cross over Left, hold, Left step back, hold
- 5-8 ¹/₂ right and step Right forward, hold, Left step to left side, hold (6h)

Hip bumps with claps

9-12Bump hips right (clap Rhand on Rhip), hold, bump hips Left (clap Lhand on Lhip), hold13-16Bump hips right, left, right, hold

Keep hands on hips

Pivot with holds, chug walk, hold

- 17-20 Left step forward, hold, ¹/₂ right and weight on Right, hold
- 21-22 Left forward with knees apart and together, Right forward with knees apart and together
- 23-24 Left forward with knees apart and together, hold

Option: 3 steps forward Left, Right, Left, hold

Shimmy shoulders, the Fonz attitude with thumbs up

- 25-28 Right step diagonal right forward and shake shoulders while you bend forward
- 29-32 Bend backwards with thumbs up, while you bend knees 4 counts (put weight on Left)

Add a "The Fonz" attitude

Bridge, once, after you danced part B for the third time

- Rock step, cross behind, rock step, cross behind, rock step
- 1-2 Right rock to right side, recover on Left
- 3 Right cross behind Left





墙数:1

- 4-5 Left rock to left side, recover on Right
- 6 Left cross behind Right
- 7-8 Right rock to right side, recover on Left

Ending

After you have danced part AAA, the music is coming to an end. Use this counts to gather with heel struts at the center of the dance floor, the men with a "The Fonz" attitude, and the lady's around the man, to end in a Broadway pose.

Have a "Happy Dance", Arne Stakkestad