

Show Me Tha G

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Intermediate / Advanced
编舞者: Sophia van Hees (NL) & Johan Kieftenburg (NL) - April 2008
音乐: Show Me Tha Money - Petey Pablo : (Album: Step Up)



Starting Position: 12:00 after 16 counts of intro start on chorus

Restart: Right away at wall 1 after 16 counts

Restart 2: At wall 9 restart after 16 counts

Step & Sweep + Arms, Sailor ¼ Right, Accented Flat Touch & Pull 2x, Touch & ½ Weight Change

1&2 Rf step right, Lf replace Rf while Rf sweeps right & then back,

Arm styling: Move L-arm back over head on 1 , Snap L-arm left on 2

3&4 Rf cross behind Lf, Lf step next to Rf while turning ¼ right (face 3:00), Rf touch forward with heel, flat on floor and L-knee bend (L-arm snaps forward towards Lf to accent move)

5&6 Lf straightens and Rf slides towards LF, Rf next to Lf, Repeat count 4 with Lf

7&8 Repeat count 5, Lf touch back, ½ left while moving weight to Lf (face 9:00)

Knee Pop In & Out & Up + Arms, Sailor ¼ Right, Sailor ½ Left, Body Roll Up

1&2 Rf step right with knee pop in, Pop out, Hitch up

Arm styling: R-arm follows knee, in, out, up while L-hand is on R-elbow

3&4 Rf cross behind Lf, Lf next to Rf while turning a ¼ right (face 12:00), Rf step forward

5&6 Lf cross behind Rf with a ¼ left (face 9:00), Rf next to Lf with a ¼ left (face:6:00), LF forward

7- 8 Rf slides next to LF & start a body roll from bottom to top

Skate Steps 3x, Replace & Hitch 2x, Out & Out, Knee Pop In & Out & Jump together

1- 2 Rf steps right-forward while Lf drags toward Rf while L-elbow pushes away, Repeat count 1 left

3- 4& Repeat count 1 right, Lf replaces Rf while Rf hitches up, Rf step right forward

5- 6& Lf replaces Rf while Rf Hitches up and turn ¼ right, Rf steps out, Lf steps out

7&8 R-knee pop in, pop out, Weight moves right & jump feet together in place with 1/8 right (weight Lf)

(&) Hitch Slide, Funky Touch & Finger Snap 2x + ¼ left, Step Together, 'Run It' Side Steps

&1- 2 R-knee small hitch, 1/8 right slide Rf right, Lf touch next to Rf & snap fingers forward

3- 4 ¼ left step Lf left, Repeat count2 with Rf

5- 6 Rf step right, Lf step together moving weight on Lf

7&8& Rf step right, Lf together, Rf step out, Lf together

Styling note: Moves knees out and in while doing counts 7&8&

Arm styling: Elbows remain their position, the rest of the arm turns clockwise, L-arm on 7-8 and R-arm on the & counts

End of Dance, Check top of sheet for the Restarts