# Lookin' 4 U

拍数: 64

级数: Intermediate

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音乐: Looking for You - Kirk Franklin : (Album: Hero)

## Start 32 Counts from HERE'S SOME PAIN MEDICINE..LETS GO

## Side Rock/replace, Behind Side Cross, Side Rock/replace, Across Side Behind ¼ turn

- Rock R to R side, replace weight on L, step R behind L, step L to L side Cross R over L 1-2-3&4
- 5-6-7&8& Rock L to L side, replace weight on R, cross L over R, step R to R side

## Step L behind R, ¼ turn R stepping forward on R Pivot ½ turn, Walk, Walk, Jump/Flick, Jump Sweep/Ronde, **Behind Side Cross**

- 1-2-3-4 Step forward on L, <sup>1</sup>/<sub>2</sub> turn R taking weight on R, walk forward on L Walk forward on R
- 5-6-7&8 Jump forward on L foot whilst flick R behind L knee(5), Jump back on R Whilst Sweeping L foot around in the air(6), step L behind R, Step R to R side, cross L over R

## Side Rock/replace, Behind Side Forward, Pivot <sup>1</sup>/<sub>2</sub> turn, Full turn

1-2-3&4 Rock R to R side, replace weight on L, step R behind L, step L to L side Step forward on R, 5-6-7-8 Step forward on L, 1/2 turn R taking weight on R, 1/2 turn R stepping L back, 1/2 turn R stepping forward on R (Weights on Left)

## Heel Jack & Touch, Heel Jack & Cross, Side Rock/replace, Behind 1/4 turn Step

- &1&2&3&4 Step L foot back at L45 back, touch R heel at R45, step R foot to centre, touch L foot next to R, step L foot back at L45 back, touch R heel at R45 forward, step R to centre, cross L over R
- 5-6-7&8 Rock R to R side, replace weight on L, step R behind L, ¼ turn L stepping forward on L, step forward on R, (Weights on Left)

#### Twist, Twist, Coaster Step, Pivot ½ turn, Jump/Hitch, Jump/Kick

- 1/4 turn L twisting both heels R, 1/4 turn R twisting both heels L Step R foot back, step L foot 1-2-3&4 together, step forward on R
- 5-6-7-8 Step forward on L, 1/2 turn R taking weight on L, Jump forward on L foot whilst hitching R knee up, Jump/Stomp R to R side whilst kicking L to L side

#### Behind Side Cross, Side Rock/replace, Cross ½ turn Unwind, Touch Behind ¾ turn Unwind

- 1&2-3-4 Step L behind R, step R to R side, cross L over R, rock R to R side, replace weight on L,
- 5-6-7-8 Cross R over L, <sup>1</sup>/<sub>2</sub> turn L unwind taking weight on R, cross L over R, <sup>1</sup>/<sub>2</sub> turn L unwind taking weight on L \*\*\*\*R\*\*\*\*

#### Out, Out, Bronco, Bronco, Sailor step, Behind Side Forward

- 1-2&3&4 Step forward on R at R45, step forward on L at L45, with weight on R heel/L toe: twist to face R, return (&3), With weight on left heel/right toe: twist to face left, return (&4)
- 5&6-7&8 Step R behind L, step L to L side, step R to R side, step L behind R, step R to R side, step forward on R foot

## Rock Forward/replace, <sup>1</sup>/<sub>2</sub> turn, <sup>1</sup>/<sub>2</sub> turn, Step Back, Hook, Shuffle Forward

- 1-2-3-4 Rock forward on R, <sup>1</sup>/<sub>2</sub> turn R stepping forward on R, <sup>1</sup>/<sub>2</sub> turn R stepping L back
- 5-6-7&8 Step back on R, hook L foot under R knee, Shuffle forward L,R,L

## Start Dance Again



**墙数:**4

\*\*\*\* Restart On Wall 2 & 5 After Count 48

I dedicate this dance to my good friends Chris McCowen & Kate Simpkin for making me pursue this dance!!! Thanks