

Sidora Slide

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Nancy Morgan (USA) - July 2007
音乐: 'Til the Dawn - Drew Sidora : (CD: Set Up)



Start: When she starts singing (Very hard intro, but the more you practice....)

Country: Party for Two (Pop Version) by Shania Twain, CD: Party for Two (Pop Version) Single, BPM: 122
(Start: When she starts singing!)

STEP, TOGETHER, STEP, TOGETHER, STEP, TOGETHER, STEP, TOGETHER

- 1,2,3,4 Step Right foot to Right side, step left next to Right, Step Right foot to Right side, step left next to Right & Clap
- 5,6,7,8 Step Left foot to Left side, step Right next to Left, Step Left foot to Left side, step Right next to Left & Clap

ROLLING VINE RIGHT, CLAP TWICE, ROLLING VINE LEFT, CLAP

- 1,2,3,4 Step Right foot forward 1/4 turn to Right, step Left foot to Left side 1/4 turn to Right, step Right foot to Right side 1/2 turn to Right (you should be facing back at your beginning wall), Clap
- 5,6,7,8 Step Left foot forward 1/4 turn to Left, step Right foot to Right side 1/4 turn to Left, step Left foot to Left side 1/2 turn to Left (you should be facing back at your beginning wall), Clap

TOUCH FORWARD, TOUCH BACK, STEP FORWARD, CLAP TWICE, TOUCH FORWARD, TOUCH, BACK, STEP FORWARD, CLAP TWICE

- 1& Touch Right Toes forward - Hold
- 2& Touch Right toes back - Hold
- 3 Step forward on Right
- &4 Clap Twice
- 5& Touch Left Toes forward - Hold
- 6& Touch Left toes back - Hold
- 7 Step forward on Left
- &8 Clap Twice

BOUNCE FORWARD ON RIGHT HIP TWICE, BACK ON LEFT HIP TWICE, WALK 2 STEPS FORWARD, STEP 1/4 TURN TO LEFT, SLIDE LEFT TO RIGHT

- 1,2 Step Right foot forward as you bounce on your Right hip two times
- 3,4 Bounce back on your Left hip two times
- 5,6 Walk forward – Right, Left
- 7,8 Step Right to Right side as you turn 1/4 turn to your Left, slide Left to Right foot

BEGIN AGAIN!