Bugging

拍数: 32   墙数: 4   级数: Intermediate

编舞者: Francien Sittrop (NL) - April 2008

音乐: Monkey Off My Back (feat. Boris) - Jay Colin

Intro : 32 counts from heavy beat

(1 – 8) Side, Rock & Heel & Cross x2

1 - 2	Step right to right side, Cross left behind right
& 3	Step right to right side, Tap left heel diagonally forward (lean upper body a little bit back)
& 4	Step left next to right, Cross right over left
5 - 6	Step left to left side, Cross right behind left,
& 7	Step left to left side, Tap right heel Diagonally forward (lean upper body a little bit back)
& 8	Step right next to left, Cross left over right (12.00)

***Optional Hand-movements: Count &3 and &7 When you lean back point both fists with thumbs out over your shoulders.**

(9-16) R Funky Dorothy, Scuff, Hitch, Step Back, Mash Potato Back, Coaster Step

1–2&	Step Right Fwd, Lock Left behind Right, Step Right Fwd

***(Make Count 1 a distinctive step leading Right Side of Upper Body Forward popping R Shoulder)**

3 & 4	Scuff Left Fwd, Hitch Left, Step Left back
5-6	Step Right back, Step Left back (Mash Potato Steps)

***Easier Option: 2 walks back R, L**

7 & 8	Step Right back , Step Left next to Right, Step Right Fwd (Restart wall 4) (3.00)

(17-25) Step fwd, ½ Turn R, Shuffle fwd, Out, Out, In, Step, ¼ Turn Side, Sweep ½ Sailor Cross

1 – 2	Step Left fwd, Make ½ Turn Right
3 & 4	Step Left fwd, Step Right next to Left, Step Left Fwd
&5&6	Step Right out, Step Left out, Step Right in, Step Left Slightly Fwd
7	Make ¼ Turn Left and Step Right to side (3.00)
8 & 1	Sweep Left and make ¼ Turn left en step behind Right, Step Right next to Left, Make ¼ Left and Cross Left over Right (9.00)

(26-32) Touches x2 (and push with hand) L & R, Press, Behind, Side, Cross

2 & 3	Tap Right x2 next to Left, Step Right to Right side (letting Left Point to left side)

Optional Hand-movements: Push with left hand the monkey off your right shoulder on count 3

4 & 5	Tap Left x2 Next to Right, Step Left to Left side (letting Right Point to right side)

Optional Hand-movements: Push with right hand the monkey off your left shoulder on count 5

6	Step Right to right side. (Count 5 should be a press bending left knee and Count 6 a recover step)
7 & 8	Step Left behind Right, Step Right to right side, Step Left across Right (9.00)

Tag: after wall 1(9 .00) and 3 (3.00) and 6 (9.00) and 9 (12.00)

1 – 4	Full Turn Walks
1 – 4	R, L, R, L Full turn right

Restart wall 4 (3.00):
Dance to Count 16 but end the coaster with a right touch together instead of a step (will be the 5th wall)