Mad Cowboy

拍数: 64

级数: Intermediate

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音乐: Mad Cowboy Disease - John Michael Montgomery

墙数: 2

FORWARD, FORWARD-SIDE-SIDE, ACROSS, TOUCH, ACROSS, TOUCH, ½ TURN

- 1-2 Step right forward, step left forward
- &3-4 Step right to the side, step left to the side, step right across in front of left
- 5-6 Touch left toe to the side, step left across in front of right
- 7-8 Touch right toe to the side, turn 1/2 turn right step right together

TOUCH, CLICK-HITCH-TOUCH, KICK, BEHIND-SIDE-ACROSS, HIP, HIP

- 1-2 Touch left toe to the side, hold & click fingers
- & Hitch left knee across in front of body
- 3-4 Touch left toe to the side, kick left forward at 45 degrees left
- 5& Cross left behind right, step right to the side
- 6 Step left across in front of right
- 7-8 Side rock onto right push hips right, step left to the side push hips left

SAILOR STEP, ¼ TURN SAILOR STEP, FORWARD, ¾ HOOK, SHUFFLE FORWARD

- Sailor: cross right behind left, step left to the side, step right to the side 1&2
- 3&4 Sailor step turning 1/4 turn left step: left-right-left
- 5-6 Step right forward, turn ³/₄ turn left hook left heel to right shin
- Shuffle forward step: left-right-left 7&8

FORWARD, ROCK, 1 & ½ TURN TRIPLE, FORWARD, ROCK, ½ TURN, DRAG

- 1-2 Step right forward, rock back onto left
- 3&4 Travel back turning 540 degrees right triple step: right-left-right
- 5-6 Step left forward, rock back onto right
- 7 Turn ¹/₂ turn left step left forward
- 8 Drag to touch right toe together

KICK, KICK, SAILOR STEP, KICK, KICK, BEHIND-SIDE-ACROSS

- 1-2 Kick right across in front of left, kick right to the side
- 3&4 Sailor: cross right behind left, step left to the side, step right to the side
- 5-6 Kick left across in front of right, kick left to the side
- 7&8 Cross left behind right, step right to the side, step left across in front of right

HIP, HIP, TOUCH, FULL TURN, HIP, HIP, TOUCH, FULL TURN

- 1-2 Step right to the side push hips right, side rock onto left push hips left
- 3-4 Touch right toe behind left, turning full turn right take weight on right
- 5-6 Step left to the side push hips left, side rock onto right push hips right
- 7-8 Touch left toe behind right, turning full turn left take weight on left

REPEAT

RESTART: On wall 4 dance to beat 32, then restart facing the front

