

Can't Believe You're Gone

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Intermediate / Advanced
编舞者: Malene Jakobsen (DK) - May 2008
音乐: Yesterday - Leona Lewis : (Album: Spirit)



Intro: 16 counts from the beginning – 16 seconds into track

Please note when reading the script - it is not as difficult as it may appear at first – the music helps you, do the steps feeling the music. Some steps might appear too difficult/quick to do, but the music is really slow enough for you to do them – just enjoy this song, another great track from her.

(1-9) Walks, ball step, ½, step, ball step, 1/8, cross rock side, cross rock, side rock

1-2 Walk L, R on L diagonal (10.30)
&3& (&) Step L beside R, (3) step forward on R, (&) turn ½ L (04.30)
4 Step forward on R
&5 (&) Step L beside R, (5) step forward on R
6 Turn 1/8 L stepping L to L side (03.00)
7e (7) Cross R over L, (e) recover onto L
&a (&) Step R to R side (a) cross L over R,
8 Recover onto R
&1 (&) Rock L to L side, (1) recover onto R

(10-16) Cross, ¼, ¼, cross rock side, cross, full turn, side rock, back rock, side rock

2 Cross L over R
&3 (&) Turn ¼ L stepping back on R, (3) turn ¼ L stepping L to L side (09.00)
&4& (&) Cross R over L, (4) recover onto L, (&) step R to R side
5 Cross L over R
6 Make full turn slowly R – keeping weight on L
7e (7) Rock R to R side (e) recover onto L
&a (&) Rock back on R, (a) recover onto L
8& (8) Rock R to R side, (&) recover onto L

(17-25) ¼, cross, step, step, cross, scissor, ¼, rocking chair, ½, step

1 Turn ¼ R stepping forward on R sweeping L from back to front (12.00)
2 Cross L over R
&3& (&) Step diagonally back on R on, (3) step diagonally back on L, (&) cross R over L
4&5 (4) Step L to L side, (&) step R beside L, (5) cross L over R
6 Turn ¼ R stepping forward on R (03.00)
7e (7) Rock forward on L, (e) recover onto R
&a (&) Rock back on L, (a) recover onto R
8& (8) Step forward on L, (&) turn ½ R
1 Step forward on L (09.00)

Note: Travel backwards when doing steps &3

(26-32) Lock step, rock step, ¼, cross, unwind step, cross rock, side rock, step, drag

2&3 (2) Step forward on R, (&) lock L behind R, (3) step forward on R
&4& (&) Rock forward on L, (4) recover onto R, (&) turn ¼ L stepping L to L side (06.00)
5 Cross R over L
6 On ball of R unwind full turn L stepping L to L side
7e (7) Cross R over L, (e) recover onto L
&a (&) Rock R to R side (a) recover onto L
8& (8) Step R to R side, (&) drag L to meet R - lifting knee so that L foot slides from the ankle up R leg with L toes pointing to the floor

Finish: The music ends during wall 7 (beginning front wall) dance section 1 & 2 and the count 1 in section 3 (1/4 R sweep) and finish at (12.00)
