# Appetite for Love



拍数: 64 墙数: 0 级数: Intermediate / Advanced

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音乐: Appetite for Love - Natalia : (CD: Everything and More)



#### Commence after 32 counts on vocals (16 seconds)

## Kick ball step, kick ball step, rock forward, recover, ½ shuffle turn right

1 & 2	Kick right foot forward, step onto ball of right, step forward on left
3 & 4	Kick right foot forward, step onto ball of right, step forward on left

5 - 6Rock forward on right, recover on left

7 & 8 shuffle half turn right stepping right, left, right

Advanced steps: 7 &8- 1 ½ turning shuffle

#### Kick ball step, kick ball step, rock forward, recover, ½ shuffle turn left

1 & 2	Kick left foot forward, step onto ball of left, step forward on right
3 & 4	Kick left foot forward, step onto ball of left, step forward on right
5 – 6	Rock forward on left, recover on right
7 & 8	Shuffle half turn left stepping left, right left (or 1 ½ for advanced)

#### Diagonal rocks forward and back (make an X shape)

Diagonal focks forward and back (make an A shape)		
1 – 2	Step diagonally forward on right ( 1 o'clock), recover on left	
&	Close right to left	
3 – 4	Step diagonally back on left (7 o'clock), recover forward onto right	
5 – 6	Step diagonally forward on left, (11 o'clock), recover on right	
&	Close left to right	
7 – 8	Step diagonally back on right, (5 o'clock), recover onto left	

#### Stomp forward, raise and lower right heel 3 times, stomp forward, raise and lower left heel 3 times

1 – 4	Stomp right foot diagonally forward, raise and lower right heel three times (transfer weight to
	right on 4)
5 – 8	Stomp left foot diagonally forward, raise and lower left heel three times(transfer weight to left on 8)

Optional arms: 1 – 4 - push right hand forward at waist level, then take it out to side (as if you are pushing something out of your way) over the 4 beats. 5 – 8 – repeat with left hand

### Four shuffles: forward, ½ turn left and shuffle forward, ¼ turn right and shuffle forward, ½ turn left and shuffle forward

1 & 2	Shuffle forward – right, left, right (12 o'clock)
3 & 4	Turn ½ left and shuffle forward – left, right, left (6 o'clock)
5 & 6	Turn ¼ right and shuffle forward – right, left, right (9 o'clock)
7 & 8	Turn ½ left and shuffle forward – left, right, left (3 o'clock)

Optional arms: roll arms round each other, shoulder height (1&2), waist level (3&4) shoulder height (5&6) Waist level (7&8)

## Diagonal rock, recover, ½ shuffle, diagonal rock, recover, 5/8ths shuffle

1 – 2	Cross right over left rocking forward to left diagonal, recover on left
3 & 4	½ turning shuffle right – right, left, right, to face opposite diagonal
5 -6	Rock forward to left diagonal, recover on right
7 & 8	Shuffle left, right, left to turn 5/8ths left (in order to square up to the wall 12 o'clock))

# Point, hold, close, point, hold, close, point, twist 1/4 left, bounce heels turning 1/2 right, kick forward

1 - 2, &Point right toe to right, hold, Close right to left 3 – 4, & Point left toe to left, hold,, Close left to right
Point right toe to right at the same time twist ¼ to left keeping weight on left (bend knees for stability)
6 – 7 Turning ½ to right bouncing on left heel twice (keep right toe in contact with floor for balance)
Kick right foot forward

# Two walks back, coaster step, full turn forward, stomp up

1 – 2 Walk back right, left

3 & 4 Step back on right, close left to right, step forward on right

5 – 8 Step forward on left, pivot ½ left stepping back on right, pivot ½ left stepping forward on left,

stomp right next to left without weight

Easier option: 5 – 8 – walk forward left, right, left, stomp up