Nothing's Gonna Stop Us



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Rebecca Armstrong (SCO) - May 2008

音乐: Nothing's Gonna Stop Us Now - Jefferson Starship: (CD: The Jefferson Airplane

Collection)



STEP	SLIDE	ROCK RECOVER	STEP 1/4	STEP	PIVOT 1/2	TOLICH
SIEF.	SLIDE.	NOUN NEGUVEN	. SIEF /4.	SIEF.	FIVUI /2	. 10000

1-2-3 Step left foot to left side, slide right foot slowly left (over counts 2&3)

&4 Step right behind left, recover on to left

5-6 Step right foot to right side turning ¼ to right, step left foot forward

7-8 Pivot ½ turn over right shoulder, touch left beside right

ROCK, RECOVER, CROSS SHUFFLE, STEP 1/4, STEP 1/4, ROCK, RECOVER

1-2 Rock left to left side, recover on to right

3&4 Step left across right, step right to right side, step left across right

5-6 Step right to right side making ¼ turn over left shoulder, step on to left making ¼ turn over left

shoulder

7-8 Rock forward on right foot, recover on to left

STEP, UNWIND 34, SIDE SHUFFLE, ROCK, RECOVER, ROCK AND CROSS

1-2	Step right behind left, unwind making ¾ turn over right shoulder
3&4	Step left to left side, step right beside left, step left to left side

5-6 Rock right foot behind left, recover on to left

7&8 Rock right foot to right side, recover on to left, step right foot across left

ROCK, RECOVER, BEHIND SIDE TURN, ROCK FORWARD, RECOVER, SHUFFLE 1/2

1-2 Rock left to left side, recover on to right

3&4 Step left behind right, step right to right side making ¼ turn over right shoulder, step left

forward

5-6 Rock right foot forward, recover back on to left

7&8 Make ½ turn over right shoulder stepping right, left, right

REPEAT

TAG: At the end of walls 2 & 6

SWAYS

1-2 Step on to left foot swaying hips to left, transfer weight to right swaying right

3-4 Transfer weight to left foot swaying hips to left, transfer weight to right swaying right

RESTART: On wall 4 restart the dance after count 8