

拍数: 32 墙数: 4 级数: Intermediate Plus

编舞者: Junior Willis (USA) - May 2008

音乐: Damaged - Danity Kane



## Start: 32 counts into music (at point in vocals where there is no music)

Shuffle,	Walk.	Walk.	Walk.	Hitch.	Back.	Back.	Back.	Back.	Cross.	Point

1&2 Step forward on L, step R next to L, step L forward

&3&4 (with small steps and to R diagonal) Walk forward R, walk forward L, walk forward R, hitch L

knee up while bringing shoulders up and forward

5-6 Walk back on L, walk back on R (still facing diagonal)

&7&8 (to face the front wall) Step back on L, step back on R, cross step L over R, touch R out to R

## Cross Step, Step, Step ¼, Cross, Step, Heel, Step, Cross, Step, Heel Fan, Heel Fan

1-2 Cross step R over L, step back on L

Step back on R making a ¼ turn to L, cross step L over R (9:00 wall)

Step R slightly out to R, place L heel slightly out to L and to the L diagonal

&5-6 Step back on L, cross step R over L, step L out to L

&7&8 Up on R heel, fan R toes out, step down on R, up on L heel, fan L toes out, step down on L

## Rock, Step, Heel, Back, Walk, Walk, Side Mambo, Cross 1/4 Shuffle

Rock back on R, recover on L, place R heel forward &3-4 Step back on R, walk forward on L, walk forward on R

5&6 Rock out to L on L, step R in place, step L next to R and slightly forward

7&8 With ¼ turn to R, cross side shuffle to Left (12:00 wall)

(step R over L, rock back on L moving slightly to L, step R over L moving slightly to L)

## Step 1/4, Step 1/2, Rock and Step 1/2, Step, Touch, Step Kick, Coaster

1-2 Step L out to L making a ¼ turn to R (3:00 wall), step R making a ½ turn to R (9:00 wall)

Rock forward on L, recover on R, step L forward making a ½ turn to L (3:00 wall)

5&6& Step forward on R, touch L next to R heel, step back on L, kick R forward

7&8 Step back on R, step L next to R, step R forward

Begin Again.....