Just Can't Stop



拍数: 64 增数: 2 级数: Intermediate 编舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - June 2008

音乐: Closer - Ne-Yo



Start 32 Counts After 1st Vocal (30 Seconds Into Track)

Rock Step & Step 1/2, 1/2, 1/4, Out, Out.

1-2& Rock forward on Right, recover back on Left, step Right next to Left.

3-4 Step forward on Left, pivot 1/2 turn to Right.

5-6 1/2 turn to Right stepping back on Left, 1/4 turn to Right stepping Right to Right side. (3.00)

7-8 Roll Left knee out as you step Left forward diagonal Left, roll Right knee out as you step

Right forward diagonal Right.

Walk Back In Arc 1/4 Turn, Coaster Step, Walk.

1-5 Walk backwards L-R-L-R-L in an arc making a clockwise 1/4 turn Right. (6.00)

Step back on Right, step Left next to Right, step forward on Right.

8 Step forward on Left.

Knee Roll Step, Knee Roll Step, Reverse Hitch 1/2 Turn, Rock Step.

1-2 Touch Right toe forward slightly diagonal Right rolling knee out, step down on Right.

3-4 Touch Left toe forward slightly diagonal Left rolling knee out, step down on Left.

5-6 Hitching Right knee make 1/4 turn to Right on ball of Left, with weight still on Left & Right

knee still hitched make 1/4 turn to Right.

7-8 Rock to Right side on Right, recover on Left.

Sailor Step, Sailor Step, Behind, Unwind Full Turn, Rock Step.

1&2 Cross step Right behind Left, step Left to Left side, step Right to Right side.
3&4 Cross step Left behind Right, step Right to Right side, step Left to Left side.
5-6 Cross Right behind Left, unwind full turn to Right taking weight on Right.

7-8 Rock to Left side on Left, recover on Right.

Turn 1/2 Cross & Cross & Cross & Step, Out, Out, Back, Back.

1&2& Cross step Left over Right, turning slightly to Right step Right next to Left, cross step Left

over Right, turning slightly to Right step Right next to Left.

3&4 Cross step Left over Right, turning slightly to Right step Right next to Left, step forward on

Left.

*** (Counts 1-4 make 1/2 turn to Right in an arc)

5-6 Step forward & out on Right, step forward & out on Left.

7-8 Step back & out on Right, step back & out on Left sticking your butt out.

(&) Cross, 1/4, 1/2, Side, Rock & Side, Sailor 1/4.

&1-2 Step Right next to Left, cross step Left over Right, make 1/4 turn Left stepping back on Right.

3-4 Make 1/2 turn to Left stepping forward on Left, step Right to Right side.
5&6 Cross rock Left behind Right, recover on Right, step Left to Left side.

7&8 Cross step Right making 1/4 turn to Right, step Left next to Right, step forward on Right.

Step, Hold, 1/4 Twist, 1/4 Twist, Sailor 1/2, Step, Hold.

1-2 Step forward on Left, Hold.

3-4 Twist 1/4 turn to Right, twist 1/4 turn to Left taking weight on Right.

5&6 Cross step Left behind Right making 1/4 turn to Left, make 1/4 turn to Left stepping Right

next to Left, step forward on Left.

7-8 Step forward on Right, Hold.

Step, Hold, Hitch, Back, Slide, Look, Look, Step.

1-2 Step forward on Left, Hold.

3-4 Hitch Right knee forward, step back on Right.

5-6 Slide Left back so Left leg extended back (weight on Right, Right knee bent), Look to Left.

7-8 Look forward, step forward on Left.

Counts 7-8 Section 7 & Counts 1-2 of Section 8 can be replaced by funky struts..