Versatility Cha



编舞者: Cathy Hodgson (UK) - June 2008

音乐: Riders In The Sky Medley - John Dean



Or Music:

Everything's Changed by Lonestar [105 bpm / Crazy Nights]
Busy Being Fabulous by The Eagles [CD: Long Road Out Of Eden]

ROCK BACK RIGHT, RECOVER, SIDE STEP 1/4 TURN, STEP 1/2 TURN, LEFT SHUFFLE

1-2	Rock back	diagonally on	riaht	recover	onto left
1-4	INDUR DAUK	ulauullaliv uli	HUHIL.	ICCOVCI	OHILO ICIL

3&4 Step right to side, step left next to right, ¼ turn right as step forward on right

5-6 Step forward on left, pivot half turn over right shoulder7&8 Step forward left, step right next to left, step forward left

ROCK FORWARD RIGHT, RECOVER, SHUFFLE ½ TURN, STEP ¼ TURN, CROSS SHUFFLE

1-2 Rock forward on right, recover onto left

3&4 Shuffle ½ turn over right shoulder, right, left, right

5-6 Step forward on left, ¼ turn right

7&8 Cross left over right, step right to side, cross left over right

ROCK OUT RIGHT, RECOVER, BEHIND SIDE CROSS, ROCK OUT LEFT, RECOVER, COASTER STEP

1-2 Rock right out to right side, recover on left

3&4 Step right behind left, step left to side, cross right over left

5-6 Rock left out to left side, recover on right

7&8 Step left back, step right beside left, step forward left

WALK RIGHT, LEFT, RIGHT MAMBO, WALK BACK LEFT, RIGHT, LEFT, TOUCH

1-2 Walk forward right, left

Rock forward on right, recover on left, step right back Walk back left, right, left, touch right beside left

REPEAT