Get It On



拍数: 64 墙数: 2 级数: Intermediate

编舞者: Leigh Huckel (AUS) - June 2008

音乐: You Can Get It - Mark Medlock & Dieter Bohlen



DIAGONAL BACK ROCK, RECOVER, DIAGONAL CROSS SHUFFLE, 3 TIMES

1-2 Rock right diagonal back & right, recover to left

Traveling diagonal forward & left cross right in front of left, step left to left, cross right in front

of left

5-6 Rock left diagonal back & left, recover to right

7&8 Traveling diagonal forward & right, cross left in front of right, step right to right, cross left in

front of right

9-10 Repeat beats 1-2 11&12 Repeat beats 3&4

ROCK SIDE, TURNING 1/4 RIGHT RECOVER, STEP TOGETHER, HEEL, HOLD, STEP, TOGETHER

1-2& Rock left to left, turning 1/4 right recover to right, step left next to right

3-4& Touch right heel forward, hold, step right next to left

FORWARD, FORWARD, ROCK SIDE, RECOVER, FORWARD, STEP ½ TURN, ROCK SIDE, RECOVER

1 Step left forward

2&3 Step right forward, rock left to left, recover to right

4 Step left forward

5-6 Rock right forward, turning ½ left recover to left

7-8 Rock right to right, recover to left

BEHIND, TURNING 1/4 LEFT STEP FORWARD, STEP FORWARD, FORWARD ROCK, RECOVER

1&2 Cross right behind left, turning ¼ left step left forward, step right forward

3-4 Rock left forward, recover to right

STEP BACK, STEP TOGETHER, FORWARD SHUFFLE, TOUCH

1& Step left back, step right together

2&3 Step left forward, step right together, step left forward

4 Touch right next to left

1/4 RIGHT MONTEREY TURN 3, HOLD, STEP TOGETHER, FRONT VINE 4

1-2-3-4& Touch right toe to right, turning ¼ right step right next to left, touch left toe to left, hold, step

left next to right

5-6-7-8 Cross right in front of left, step left to left, cross right behind left, step left to left

CROSS ROCK, RECOVER, SIDE SHUFFLE, TURNING 1/4 RIGHT

1-2 Rock right across in front of left, recover to left

3&4 Step right to right, step left next to right, turning ¼ right step right forward

STEP 1/2 TURN, PADDLE 1/4 TURN

1-2 Rock left forward, turning ½ right recover to right 3-4 Rock left forward, turning ¼ right recover to right

STEP FORWARD WITH DOUBLE HIP BUMPS, TWICE

Step left forward while bumping hips left, bump hips center, bump hips left

Step right forward while bumping hips right, bump hips center, bump hips right

FORWARD, TOUCH, 2 HEEL SWITCHES, TWICE

1 Step left forward

2 Touch right next to left

3&4& Touch right heel forward, step right next to left, touch left heel forward, step left next to right

5 Step right forward6 Touch left next to right

7&8& Touch left heel forward, step left next to right, touch right heel forward, step right next to left

ROCK FORWARD, RECOVER, TURNING 1/4 LEFT STEP SIDE, TOUCH

1-2 Rock left forward, recover to right

3-4 Turning ¼ left step left to left, touch right next to left

REPEAT

TAG

SCISSOR, DOUBLE CLAP, TWICE

1-2 Rock right to right, recover to left

3-4-5 Cross right in front of left, rock left to left, recover to right

6-7 Cross left in front of right, touch right toe to right

8 Flick right up & behind left leg

RESTARTS:

At the END of the 1st wall do the FIRST 8 beats of the tag then restart

At the END of the 2nd wall do the TAG then restart

At the END of the 3rd wall do the FIRST 8 beats of the tag then restart

ON the 5th wall do the first 32 beats of the dance then restart