Hitting Hard



编舞者: Johnny Two-Step (UK) - June 2008

音乐: You Ain't Hurt Nothin' Yet - John Anderson



Right kick Ball Change, step 1/4 Turn, Left Kick ball Change, step 1/4 Turn

1&2	kick Right Forward, Step Right Next to Left, Step Left in Place
3,4	Step Forward on Right Make ¼ Turn Left (Weight Ending on Right)
5&6	Kick Left Forward, step left Next to Right, Step Right in Place
7,8	Step forward on Left make ¼ Turn Right (Weight Ending on Right)

Cross-Step, Cross, Rock Replace, Weave, Rock Replace

1&2	Cross Left Over Right, step Right to Right Side, cross Left Over Right
3,4	Rock Right Out to right Side, Replace weight onto Left
5&6	Cross Right behind Left, Step Left to Left Side, Cross Right in front of Left
7,8	Rock Left Out to Left Side, Replace weight onto Right

1/4 Turn sailor Step, Step 1/2 turn, Side rock Cross, Side rock Cross

1&2	Cross Left Behind Right, Make ¼ Turn Left stepping Left to left Side, Step Left in Place
3,4	Step forward on Right, ½ Turn Left
5&6	Rock Right Out to Right Side, Replace Weight onto Left, Cross Right in Front of Left
7&8	Rock left Out to Left Side, Replace Weight onto Right, Cross Left in Front of Right

Right Toe, Kick, Crossing Shuffle, Side Rock, Weave

1,2	Touch Right Toe to Left Instep, Kick Right Forward
3&4	Cross Right Over Left, Step Left to Left Side, Cross Right Over Left
5,6	Rock Left Out to Left Side
7&8	Cross Left behind Right, Step Right to Right Side, Cross Left in front of Right

Begin Again.....

(Choreographer's note..)

At The End Of The 6th Wall There is an Extra 4 Count's Of Music You Will need To Add In 4 Extra Steps This is Only Danced At the End Of Wall 6

TAG:

Step Right to Right Side, Tap Left Toe Forward Step Left to Left Side, Tap Right Toe Forward