Birds Of The Night



拍数: 64 墙数: 4 级数: Intermediate

编舞者: Marjorie Barnabas-Shaw (MY) - July 2008

音乐: Nightbirds - Shakatak : (Album: Nightbirds with Jill Saward on vocals)



Intro Count: 32 counts-still on instrumental

A. ROCK SIDE RIGHT, RECOVER LEFT, 1/4 TURN FORWARD SHUFFLE, CROSS SHUFFLE, BACK COASTER.

1-2	Rock right to right side.	Recover onto left.

Step 1/4 right on right. Close left beside right. Step forward right.
 Cross left over right. Step right to right side. Cross left over right.

7&8 Step back right. Step left beside right. Step forward right.

B. DIAGONAL FORWARD SHUFFLE, ROCK SIDE, RECOVER. (2x)

1&2 Step diagonal forward left. Close right beside left. Step forward left.

3-4 Rock right to right side. Recover onto left.

5&6 Step diagonal forward right. Close left beside right. Step forward right.

7-8 Rock left to left side. Recover onto right.

C. CROSS BACK LEFT, SIDE ROCK-RECOVER, CROSS BACK-R, SIDE ROCK-RECOVER, 1/4 TURN LEFTx2, ROCK SIDE, RECOVER, CROSS.

1&2 Cross left behind right. Rock right to right side. Recover onto left.
3&4 Cross right behind left. Rock left to left side. Recover onto right.
5-6 Turn 1/4 left on left. Turn 1/4 left stepping right beside left.
7&8 Rock left to left. Recover onto right. Cross left over right.

D. ROCK SIDE AND BEHIND AND CROSS. (2x)

1-2 Rock right to right side. Recover onto left.

3&4 Cross right behind left. Step left to left side. Cross right over left.

5-6 Rock left to left side. Recover onto right.

7&8 Cross left behind right. Step right to right side. Cross left over right.

E. DIAGONAL SKATE RIGHT, DIAGONAL SKATE LEFT, 1/4 RIGHT SAILOR TURN, SKATE LEFT, SKATE RIGHT, COASTER STEP.

1-2 Skate diagonally forward right. Skate diagonally forward left.

3&4 Turn 1/4 right by crossing right behind left. Step left beside right. Step right in place.

5-6 Skate diagonally forward left. Skate diagonally forward right.

7&8 Step back left. Step right beside left. Step forward left.

F. ROCK FORWARD, RECOVER, STEP BACK, SIDE, IN PLACE. (2x) - (HIP MOVEMENTS)

1-2 Rock forward right. Recover onto left. (sway hips right, left.)
3&4 Small-step back right. Step left beside right. Step right in place.
5-6 Rock forward left. Recover onto right. (sway hips left, right.)
7&8 Small-step back left. Step right beside left. Step left in place.

G. ROCK, RECOVER, 1/4 SHUFFLE TURN RIGHT, FORWARD LEFT MAMBO, BACK RIGHT MAMBO.

1-2 Rock forward right. Recover onto left. 3&4 Shuffle 1/4 right on right, left, right.

Rock forward left. Recover onto right. Step left beside right.Rock back right. Recover onto left. Step right beside left.

H. FORWARD, TOUCH, BACK, TOUCH, ROCK BACK, RECOVER, STEP, HOLD.

1-2	Step forward left. Touch right beside left.
3-4	Step back right. Touch left beside right.
5-6	Rock back left. Recover onto right.
7-8	Step forward left. Hold.

~ * ~ DANCE LIKE YOU HAVE NEVER DANCED BEFORE ~ * ~