

Stash The Cash!

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 4 级数: Intermediate / Advanced
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音乐: My Medicine - Snoop Dogg



Intro: 32 Count Intro- Start on Lyrics Jack be nimble

Heel Twist. ¼ Swivel. Press. Coaster ¼ Cross. Step Back. ¼ Step Forward. Step Forward. ½ Stepping Back. ½ Leg Raise.

- 1& With feet slightly apart twist left heel to left bringing knee in towards right knee. Return to centre.
- 2& Making a ¼ turn left, swivel on left heel raising left toes & right heel goes out to right. Press forward onto left foot.
- 3&4 Step back on right. Step back on left. Make ¼ turn right crossing right over left.
- 5-6 Step back on left. Make ¼ turn right stepping right forward.
- 7&8 Step forward left. Make ½ turn left stepping back on right. Make ½ turn left on right foot keeping left foot raised (raised sweep)

Forward. ¼. ¼ Cross. Coaster Step. Walk. Walk. Hitch. Drop. (With Shoulders) Ball. ¼ Cross.

- 1&2 Step forward on left. Make ¼ left stepping right to right side. Make ¼ left crossing left over right.
- 3&4 Step back on right. Step back left. Step forward right.
- 5-6 Walk forward left- right (but not just 'normal' walks.....funk em up!)
- &7 Hitch left knee slightly keeping foot flexed while left shoulder raises & right drops. Lower left foot (do not put any weight on it) as left shoulder drops & right raises.
- &8 Step left beside right. Make 1/4 right crossing right over left

Back. Touch. ½ Right. Brush. ¼ Hitch/Flick. Kick, Hook ,Cross. ¼. ¼. Forward. Lock.

- 1&2 Step back on left. Touch right beside left as you start to make ½ right. Complete the ½ turn stepping right forward.
- 3&4 Brush left forward. Make ¼ turn right hitching left (but keeping leg extended behind) Extend left forward across right.
- &5-6 Hook left across right. Cross step left over right. Step right back making ¼ right.
- 7&8 Step forward left making just over a ¼ turn left. Step forward right. Lock left behind right (you will be facing right diagonal – weight on left)

Drag. Drop. Lock. Step. Together. Hitch. Side. Hitch. Side. Back. Back. ½ Right.

- 1-2 Make a 3/8 turn right (to 6 o clock) dragging the toes of your right foot along the floor. Step right down.
- &3-4 Lock left behind right. Step right slightly to right. Step left beside right (don't make these steps too big)
- &5 Hitch right keeping foot flexed. Step right to right as you lean slightly to right.
- &6 Hitch left keeping foot flexed. Step left to left side as you lean slightly to left.
- 7&8 Step back right. Step back left. Make ½ turn right stepping right forward.

Side. Cross. Hitch. Kick. Side. Cross. Hitch. Kick. ¼ Left. Back. ½. ½ Spin.Step. Step

- 1-2 Step left to left (slightly to left diagonal) Rock right over left.
- &3 Recover on left as you hitch your right (low hitch) kick right forward (low) as you start to turn to right diagonal.
- &4 Step right to right as you face right diagonal. Cross step left over right.

- &5 Recover on right as you hitch your left (low hitch) kick left forward (low) start to turn to left diagonal.
- 6 Step left forward making $\frac{1}{4}$ left (9 o'clock)
- 7&8&* Step back on right. Make $\frac{1}{2}$ left stepping left forward. On ball of left spin $\frac{1}{2}$ left landing with weight on right. Step left slightly to left (*DO NOT ADD the & step on FIRST wall, when dancing the tag.)

TAG: Danced at the END of wall ONE ONLY.

Side. Cross. Hitch. Kick. Side. Cross. Hitch. Kick. Side. Hold. Ball Step.

- 1-2 Step left to left (slightly to left diagonal) Rock right over left.
- &3 Recover on left as you hitch your right (low hitch) kick right forward (low) as you start to turn to right diagonal.
- &4 Step right to right as you face right diagonal. Cross step left over right.
- &5 Recover on right as you hitch your left (low hitch) kick left forward (low) start to turn to left diagonal.
- 6 step left to left side.
- 7&8 Hold. Step right beside left. Step left to left side.
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