

Can You Hear Me

拍数: 32 墙数: 4 级数: Beginner
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音乐: Can You Hear Me - Enrique Iglesias



Kick Ball Change, Out, Out, Kick Forward Compress, ¼ Turn Slide, Stomp Stomp.

1 Kick RF forward.
& RF next to LF.
2 LF step forward.
3 RF step to right, while doing this pop right shoulder up.
4 LF step left, while doing this pop left shoulder up.
5 RF kick forward, while doing this put right hand up.
6 RF next to LF, bring hand in front of your body.
7 RF slide to right, while doing this turn ¼ over right.
8 LF touch next to RF.

Cross Backwards, Ronde, Coaster Step, 4/4 Turn, Heel Jacks.

& LF step to left
1 RF cross backwards.
2 LF make ronde.
3 LF cross backwards RF.
& RF next to LF.
4 LF step forward.
5 ½ turn over right and put weight on RF.
6 ½ turn over right, while doing this LF step to left.
& Put weight on both heels while doing this put toes in the air.
7 Put weight and feet back to normal position.
& Put weight on both heels while doing this put toes in the air
8 Put weight and feet back to normal position.

Step Out, Touch Front, Step Out, Touch Front, 4/4 Turn Over Right.

1 RF step to right.
2 LF touch in front RF.
3 LF step to left.
4 Touch RF in front LF.
5 ¼ turn over right while doing this RF step forward.
6 ¼ turn over right, while doing this LF step left.
7 ½ turn over right while doing his RF step right.
8 LF touch next Rf.

Step Out, Hold, Step Out, Hold, Cross Backwards, ½ Turn Left, Bounce.

1 LF step left.
2 Hold.
3 RF step right.
4 Hold.
5 LF cross backwards RF.
6 Turn ½ over left.
7&8 bounce through both knees and put right hand behind right ear.

Start all over again have fun

