Stand

拍数: 32	**墙数:** 4	**级数:** Improver

编舞者: Lorna Taylor, Sue Probert & Samantha Dixon (AUS) - August 2008

音乐: Stand (feat. Miley Cyrus) - Billy Ray Cyrus : (CD: Home At Last)

Start just before vocals (32 counts in) weight on L

Jump Forward Out Out, Clap Jump Back In In, Clap, Point R, and,Point L and cross shuffle

&1,2&3,4   Jump R foot Forward and out to R side, Jump L forward and out to L side and clap. Jump R back and to center, Jump L together and clap.

5&6&7&8   Touch R toe to side, step R together, Touch L toe to side, step L together, Cross R over L shuffle R, L, R

Side Rock, Replace, Behind, side, cross, full turn R, side shuffle R

1,2,3&4   Rock L to side, replace on R, Cross L behind R, step R to side, Cross L over R

5,6,7&8   Step R to side with 1/4 turn R, turning 1/2 L, Step L back Turning 1/4 R, side shuffle R,L,R

Step, ½ R, Shuffle Fwd L, Rock, Replace, Reverse pivot step

1,2,3&4   Step L fwd, turning 180° R, shuffle forward L,R,L

5,6,7&8   Step R Forward, Replace on L, Touch R toe back, turning 180° R,Step back on R

L coaster, R shuffle Forward, Point L, and, Point R, cross unwind 270° L

1&2,3&4   Step L back, step R together, step L forward, Shuffle forward R,L,R,

5&6,7,8   Touch L toe to side, step L together, Touch R toe to side, Cross R over L, Unwind 270° L

Start Dance again

RESTART: A restart occurs during the 3rd wall. Dance up to count 14* then Step R, L Restart again on back wall