I Dance



拍数: 32

墙数:4

级数: Intermediate

编舞者: Susan Puruleski (USA) - September 2008

音乐: Let's Dance - Miley Cyrus : (CD: Meet Miley Cyrus)



Start dancing on lyrics

Walk, Walk, Step-Lock-Step, Chase 1/2 Turn Right, 1/2 Turn Left, 1/4 Turn Left

- 1-2 Walk forward right, walk forward left
- 3&4 Step forward right, lock left behind right, step forward right
- 5&6 Step forward left, ½ turn to right stepping on right, step left forward
- 7-8 ¹/₂ turn left stepping right back, ¹/₄ turn left stepping left forward

1⁄4 Turn Left Slide Step Right, Hold, Rock & Side, Behind Side Cross, Sway Recover

- 1-2 ¹/₄ turn to left as you slide step with right, hold count 2
- &3-4 Rock left behind right, step right, step left to side
- 5&6 Right behind left, left out to side, cross right in front of left
- 7-8 Step left out to side while swaying hips left and back to right

Cross Behind Unwind ¾ Left, Right Mambo Cross, Left Mambo Cross, Coaster Step

- 1-2 Cross left behind right, unwinding ³/₄ to left
- &3-4 Step right out to right side, step left, cross right in front of left
- &5-6 Step left to side, step right, cross left in front of right
- 7&8 Step right back, bring left together, step right forward

Step 1/2 Turn Right, Kick & Touch, Point & Point, Body Roll

- 1-2 Step left forward, ¹/₂ turn to right stepping on right
- 3&4 Kick left, step left, touch right popping knee out
- 5&6& Point right to side, step right, point left to side, step left
- 7-8 Body roll from lower body to upper body

Repeat

TAG: After 2nd wall cross left over right turn full 4 count turn to right, then restart