Monica



编舞者: Winnie Yu (CAN) - July 2008 音乐: Monica - Leslie Cheung



A- 40 count B- 32 count C- 16 count

Sequence: A,B,A,B,A,C, A-32 ct (section 3:- 2 jazz box - No turns), A,B,A,B,A,C, B,B,B

Intro: 16 count

***This dance is dedicated to "Metro Toronto Line Dance Association"

PART A:-

ROLLING VINE RIGHT, CLAP, ROLLING VINE LEFT, CLAP

1-2	Step right 1/4 turn right. On ball of right make 1/2 turn right stepping back left
3-4	On ball of left make 1/4 turn right stepping right to right, touch left to left side & clap hands
5-6	Step left 1/4 turn left. On ball of left make 1/2 turn left stepping back right

7-8 On ball of right make 1/4 turn left stepping left to left, touch right to right side & clap hands

(STEP, TOUCH) X 4

1-2	Step forward on right (diagonally to R), touch left beside right
3-4	Step back on left (diagonally to left), touch right beside left
5-6	Step back on right (diagonally to right), touch left beside right
7-8	Step forward on left (diagonally to left), touch right beside left

(JAZZ BOX, 1/4 TURN RIGHT) X 2

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1-2	Cross right over left, step left back with ¼ turn right (3:00)
3-4	Step right to right side, step left next to right
5-6	Cross right over left, step left back with ¼ turn right (6:00)
7-8	Step right to right side, step left next to right

(OUT, OUT, IN, IN) X 2

1-2	Step forward right to right (R arm up), step forward left to left side (L arm up)

3-4 Step back on right (R arm in front of waist), step left next to right

(L arm on top of R arm)

5-6 Step forward right to right (R arm up), step forward left to left side (L arm up)

7-8 Step back on right (R arm in front of waist), step left next to right

(L arm on top of R arm)

Option: Look up while R & L arms up

(SIDE ROCK, RECOVER, CROSS) X 2, BACK, TOGETHER

1,2,3	Rock right to right side, recover onto left, cross step right over left
4,5,6	Rock left to left side, recover onto right, cross step left over right

7-8 Step back on right, step left next to right

PART B:-

(SIDE, TOUCH) x 4

1-2 Step right to right side, touch left with ½ turn left (lean body to right & turn to 3:00)

Hand movement: Do karate chop with your right hand and left hand on left waist

3-4 Step left to left side, touch right with ½ turn right (lean body to left & turn to 9:00)

Hand movement: Do karate chop with your left hand and right hand on right waist

5-6 Step right to right side, touch left with ½ turn left (lean body to right & turn to 3:00)

Hand movement: Do karate chop with your right hand and left hand on left waist

7-8 Step left to left side, pivot ¼ turn right (12:00)

Hand movement: Do karate chop with your left hand (facing front wall) and right hand on right waist

HITCH, OUT, OUT, SHAKE HIPS

1&2 Hitch right foot, jump & step back on right and left
3 - 8& Shake hips - R & L & R & L & R & L & (weight on left)

Hand movement: Both hands look like holding & playing an electric guitar

(KICK, STEP FWD) X 4-- MOVING FORWARD

1-2	Kick right forward, step forward on right
3-4	Kick left forward, step forward on left
5-6	Kick right forward, step forward on right
7-8	Kick left forward, step forward on left

SIDE, POINT, SHAKE BODY

1-4 Step right to right side (point R & L index fingers forward with attitude), hold 3 counts

5-8 Open both arms up while shaking body & look up (weight on left)

PART C:-

CONGA RIGHT AND LEFT

1-4 Make a ¼ turn right stepping forward R-L-R (9:00), pivot ½ turn left & touch left forward (3:00)

5-8 Step forward L-R-L, pivot ¼ turn right & touch right beside left

WALK FORWARD & BACK

1-4 Walk forward R-L-R, kick left forward5-8 Walk back L-R-L, touch right beside left

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