

# You're My History

**COPPER KNOB**  
STEPSHEETS

拍数: 48      墙数: 4      级数: Intermediate  
编舞者: Dougie D (UK) - September 2008  
音乐: Whole Lotta History - Girls Aloud



The music starts in ballad style for approx' 20 seconds, then beat kicks in, start dance then.

**Step fwd on left, sweep right over left, step back on left, rock back on right, full turn left.**

- 1-2      step fwd on left, sweep right across left,
- 3-4      step right across left, (continuation of sweep) step back on left,
- 5-6      rock back on right, recover on left,
- 7-8      step fwd on right, pivot 1/2 turn left, step back on left, pivot 1/2 turn left,

**Half turn left, cross mambos (travelling fwd)x2, stepfwd, 1/2 turn left.**

- 1-2      step fwd on right, pivot 1/2 turn left.
- 3&4      cross right over left, step left beside right, step right in place, (travelling fwd),
- 5&6      cross left over right, step right beside left, step left in place, (travelling fwd)
- 7-8      step fwd on right, pivot 1/2 turn left,

**Shuffle fwd x2, syncopated weave left**

- 1&2      shuffle fwd, stepping right, left, right,
- 3&4      shuffle fwd, stepping left, right, left,
- 5-6      cross right over left, step left to left side,
- 7&8      cross right behind left, step left to left side, cross right over left,

**Rock left, recover on right, left behind right, step to right with 1/4 turn right, shuffle fwd, step 1/2 turn.**

- 1-2      rock left to left side, recover on right,
- 3-4      cross left behind right, step right to right side with 1/4 turn right,
- 5&6      shuffle fwd, stepping left, right, left,
- 7-8      step fwd on right, pivot 1/2 turn left,

**Behind side cross, behind side with 1/4 turn right, step left beside right**

- 1-2      rock right to right side, recover on left,
- 3&4      cross right behind left, step left to left side, cross right over left,
- 5-6      rock left to left side, recover on right,
- 7&8      cross left behind right, step right to right side with 1/4 turn right, step left beside right,

**Sailor steps ( travelling back ) x2, step right to right side, pivot 1/4 turn left, back rock.**

- 1&2      cross right behind left, step left beside right, step right in place, ( travelling back )
- 3&4      cross left behind right, step right beside left, step left in place, ( travelling back )
- 5-6      step right to right side, pivot 1/4 turn left,
- 7-8      rock back on left, recover on right,