

In Between Love

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Laurel Ingram (UK) - September 2008
音乐: Stepping Stone - Duffy : (CD: Rockferry)



(1-8) Step Cross Step Sway x 3. Step Cross Step Sway x3

- 1-2 Step right to right side. Cross left over right.
- 3&4 Step right to right side swaying hips right, left right. (knees slightly bent).
- 5-6 Step left to left side. Cross right over left.
- 7&8 Step left to left side swaying hips left, right left. (knees slightly bent).

(9-16) Step. Cross Back Lock. Back Sweep. Behind Side Cross

- 1-2 Step right forward to right diagonal. Sweep left cross over right. (angling body to right)
- 3&4 Step left over right. Step back right. Cross left over right.
- 5-6 Step back right. Sweep left behind right. (square up to front)
- 7-8 Step left behind right. Step to right side. Cross left over right.

(17-24) Weave to left side. Sway Left Sway Right Cross Step 1/2 turn. Rock Recover Step

- 1&2 Cross right over left. Step left to left side. Step right behind left
- &3 Step left to left side. Cross right over left.
- &4 Sway to left side. Sway to right side.
- 5&6 Cross left over right. Step right to right side. ½ turn left stepping left to left side.
- 7&8 Cross right over left. Recover back left. Step right to right side.

(25-32) Weave to right. ½ turn left. Cross recover step twice.

- 1&2 Cross left over right . Step right to right side. Step left behind right.
- &3&4 Step right to right side. Cross left over right. Step small step to right side. 1/2 turn left stepping left to left side.
- 5&6 Cross right over left. Recover back left. Step right to right side.
- 7&8 Cross left over right. Recover back right. Step left to left side.

(33-40) Sway twice Chasse right. Sway twice Chasse left.

- 1-2 Sway right. Sway left.
- 3-4 Step right to right side. Close left beside right. Step right to right side.
- 5-6 Sway left. Sway right.
- 7-8 Step left to left side. Close right beside left. Step left to left side.

(41-48) Back Lock Step twice. ½ turn right. Left Mambo Forward. Coaster Touch

- 1&2 Step right back. Lock step left across right. Step right back.
- &3&4 Step left back. Lock step right across left. Step left back. ½ turn right stepping forward right.
- 5&6 Rock forward on left. Rock back on right. Step left back.
- 7&8 Step right back. Step left beside right. Touch right beside left.