Hot Damn!



编舞者: Shaz Walton (UK) - September 2008

音乐: Picture Perfect (feat. will.i.am) - Chris Brown



Count in: 16 counts at 'OH OH' just before 'you might have seen her'

Ball. Cross. Side. Hitch. Side. Hitch 1/4 Left. Push. Ball. Forward.

&1-2 Step left beside right. Cross right over left (dip). Step left to left side.

3-4 Hitch right up. Step it out to right side (dip)

5-6 Hitch left up. Make ¼ left stepping left to left as you push left hip to left.

7-&8 Push right hip to right. Step left beside right. Step right forward.

Side. Touch Back/Cross. Lift. Ball. Cross. Ball 1/4. 1/4 Cross. Ball. 1/4 Side. Sailor Push.

1-2 Step left to left. Touch right behind left (out to the diagonal back)

Lean over to left as you lift right leg out to the side. Step right down (straighten up) Cross left

over right making ¼ left.

&5-6 step back right making ¼ left. Cross left over right. Make ¼ left as you step right to right.

(Bend right knee & raise left toes)

7&8 Cross step left behind right. Step right to right side. Push left into left diagonal.

Recover (Push Back) Slide. Ball. Forward. ¼ Right (Feet Together) Rock/Dip. Recover. Step. ¼ Back. Step. Step Forward

1-2 Recover weight onto right as you push back. Slide left up to right.

&3 Step left beside right. Step forward right.

4 On ball of right make 1/4 right keeping left leg straight & left foot flexed. (Weight remains right.)

Rock/dip left to left (raise right foot). Recover on right. Step left beside right 87-8 Step right back ¼ left raising left foot. Step left forward. Step right forward.

Rock/Dip. Recover. Together. Rock/Dip. Recover. Step/ Kick. Cross Kick. Side Kick. ¼ Hitch. Left Lock Forward.

1&2 Rock/dip left to left side (raise right foot) recover on right. Step left beside right (Raise right)

&3 Rock/dip right to right (raise left) recover on left (raise right)

4 Step right beside left as you kick/flick left to left side (keep left leg straight & foot flexed)

5-7 Kick left leg across right keeping foot flexed. Kick left back out to left side(Leg swing) On ball

of right make 1/4 left as you hitch left,

Step left forward. Lock right behind left. Step left forward

Step. ½ Pivot. Forward ½. ¼. Cross, Recover. Side. Recover. Cross Hitch.

2-3 Step forward right. Make ½ left.

Step forward right. Make ½ right stepping back left. Make ¼ right stepping right to right side.

6&7 Cross rock left over right. Recover on right. Rock left to left side. (USE YOUR HIPS!)

&8 Recover on right. Hitch left sharply across right.

Push. Drag. Step. Walk. Walk. Left Lock Back. ½ Turn. Cross. ½ Body Roll.

1-2 Sharply push left hip to left side. Drag right up to left

&3-4 Step right beside left. Walk forward left. Walk forward right

5&6 Step back left. Cross step right over left. Step back left (USE HIPS)

7 Make ½ turn right stepping right forward.

8-1 Cross left over right. Unwind ½ turn right (roll & Twist your body, make full use of the break in

the track raise left leg in figure 4 too!) Weight ends right.

Diagonal Left Lock Forward. Thrust. Walk Back X3. Out. Touch

2&3 To right diagonal- step left forward. Lock right behind left. Step left forward.

4 Touch right to right diagonal as you thrust hips forward,

5-7 Walk back right-left-right.

&8 Jump left to left side. Touch right to right side.

Step. Roll. Ball Cross ¼ Right. Coaster Cross. Ball Cross ¼. Point.

1-2 Step right down as you roll body to right (over 2 counts)

&3-4 Step left beside right. Cross right over left. Make ¼ right stepping left back.

5&6 Step right back. Step left back. Step right across left.

&7-8 Step back left ½ right. Cross right over left. Point left to left side/

Tags - 16 Counts: At The End Of Walls 2-4-6 – Facing The Front Every Time

Hitch. Step. Rock. Recover. Chasse Right. Rock Back Recover. Anchor Step. ½ Pivot. Anchor Step. Step. ½ Turn. Out. Out.

&1-3 Hitch left leg. Step left to left side. Rock back right. Recover left.
4&5 Step right to right side. Step left beside right, step right to right side.

6-7 Rock back left. Recover right.

Step forward left. Rock & lock right behind left. Rock forward left.

2-3 Step forward right. Make ½ pivot turn left

4&5 Step forward right. Rock/lock left behind right. Rock/step right slightly forward.

6-7 Step forward left. Make ½ turn left stepping back right.

8 Touch left to left side.

It's fast, but make the most of it & enjoy

^{****}As with all Shaz dances, bend/dip where ever you can, use your hips where ever you can.