I Will Catch You

拍数: 64

级数: Intermediate

编舞者: Ria Vos (NL) - October 2008

音乐: Fall (Almighty Radio Edit) - Kimberley Locke : (CD: Fall - The Radio Remixes)

Intro : 16 counts from heavy beat (±15 sec)

Side, Behind, Side, Point, Point, & Monterey 1/4 Turn Right, Rock Forward

- 1-2 Step R to right side, Cross L behind R
- &3 Step R to right side, point L across R
- 4& Point L to left side, step L next to R
- 5-6 Point R to right side, ¼ turn right step R next to L
- 7-8 Rock step forward on L, recover on R

Full Turn Left, ¼ Turn Left Side Step, Drag, & Jazzbox ¼ Turn Left

- 1-2 1/2 Turn left step L forward, 1/2 Turn left step R back
- 3-4 ¹/₄ Turn left long step L to left side, drag R next to L (weight on L)
- &5-6 Step on ball of R next to L, cross L over R, step back on R
- 7-8 1/4 Turn left step L to left side, step R together (slightly back)

Cross, Hold, & Cross, Point, Weave Left, Side Rock ¼ Turn Right

- 1-2 Cross L over R, hold
- &3-4 Step R to right side, Cross L over R, Point R to right side
- 5&6 Cross R behind L, step L to left side, cross R over L
- 7-8 Rock L to left side, turn 1/4 right recover on R

Walk x2, & Side Rock, Pivot ½ Turn Right, Rock Forward, ¼ Turn Left Step Forward

- 1-2 Walk forward L and R
- &3 Rock L to left side, turn to right diagonal recover on R (1:30)
- 4-5 Still on diagonal step L forward, pivot ¹/₂ turn right (7:30)
- 6-7 Rock forward on L, recover on R as you straighten up to 6:00
- 8 1/4 Turn left step L forward

1/4 Turn Left with Bump, Touch Behind, 1/2 Turn Left, Kick-Ball-Step, 1/4 Turn Left Side Rock

- 1-2 1/4 Turn Left touch R to right side bump hips right, step down on R
- 3-4 Touch L behind, ¹/₂ turn left (weight on L)
- 5&6 Kick R forward, step on ball of R next to L, step forward on L
- 7-8 1/4 Turn Left rock R to right side, recover on L

Behind-Side Rock, Behind-Side Rock, Rocking Chair

- 1&2 Step R behind L, rock L to left side, recover on R
- 3&4 Step L behind R, rock R to right side, recover on L
- 5-6 Rock back on R, recover on L
- 7-8 Rock forward on R, recover on L

Behind-Side Rock, Behind-Side Rock, Rock Back, Full Turn Left

- 1&2 Step R behind L, rock L to left side, recover on R
- 3&4 Step L behind R, rock R to right side, recover on L
- 5-6 Rock back on R, recover on L
- 7-8 1/2 Turn left step back on R, 1/2 turn left step forward on L

Shuffle Forward, Pivot ½ Turn Right, Shuffle ½ Turn R, Rock Back





墙数:4

- 1&2 R shuffle forward
- 3-4 Step forward on L, pivot ½ turn right
- 5&6 L shuffle ½ turn right
- 7-8 Rock back on R, recover on L

Note: The dance is not perfectly phrased, just dance through everything!