In Disturbia

拍数: 32

级数: Beginner

编舞者: Gitte Kunckel Stehr (DK) - October 2008

音乐: Disturbia - Rihanna : (CD: Good Girl Gone Bad)

墙数: 4

201

COPPER KNO

Intro: 32 counts

Walk, Walk, Kick Ball Step, Out-Out, In-In

- 1-2 Step r forward, step I forward
- 3&4 Kick r forward, step r next to I, step I forward
- 5-6 Step r diagonal forward, step I diagonal forward
- 7-8 Step r back, step I next to r (weight on I) (12 o'clock)

Point, Turn, Step, Lock, Step, Cross, Unwind, Back Rock

- 1-2 Point r back, ¹/₂ turn right
- 3&4 Step I forward, lock r behind I, step I forward
- 5-6 Cross r over I, unwind (weight on r)
- 7-8 Rock back on I, recover on r (weight on r) (12 o'clock)

Kick Ball Cross X2, Side, Touch, Turn, Touch

- 1&2 Kick I diagonal to left side, step I next to r, cross r over I
- 3&4 Repeat 1&2 (this section)
- 5-6 Step I to left side, touch r next to I
- 7-8 Turn 1/4 right stepping r forward, touch I next to r (3 o'clock)

Point, Hitch, Side, Touch, Rolling Vine, Step Forward

- 1-2 Point I to left side, hitch I in front of you
- 3-4 Step I to left side, touch r next to I
- 5-6 1/4 turn right stepping r forward, ½ turn right stepping I back
- 7-8 1/4 turn right stepping r forward, step I forward (weight on I) (3 o'clock)

ENDING: Last wall starts on wall 3. In the last section (starting towards 6 o'clock) instead of stepping I forward (count 8), cross I over r and unwind over two extra counts up to front wall (12 o'clock).