Waiting On The World To Change

级数: Improver

编舞者: Larry Schmidt (USA) - October 2008

音乐: Waiting On the World to Change - John Mayer

(1-8) Swivel, Swivel, Shuffle Right, Swivel, Swivel Shuffle Left

- 1, 2 Step right foot right with toe at 45 degrees to right and left heel swiveling left, swivel of balls of both feet to left diagonal stepping on left foot.
- 3&4 Swivel right making ¼ turn right stepping forward on right, step left next to right, step right forward. (3:00)
- 5, 6 Swivel both feet to left diagonal stepping on left, Swivel both feet to right diagonal stepping on right.
- 7&8 Swivel both feet left making ¼ turn left stepping forward on left. Step right next to left, Step left foot forward. (9:00)

(9-16) ½ Turn, Back, Back, Touch, Ball Point, Ball Touch, Ball Cross, Side.

- 1, 2 Turn ¹/₂ left stepping back with right foot,(3:00) Step back with left foot.
- 3, 4 Step back with right foot, Touch left toe next to right foot.
- &5 Step on ball of left foot, Point right toe right.
- &6 Step on ball of right foot next to left, Touch left toe next to right foot.
- &7 Step on ball of left foot, Step right foot across left making ¼ turn right. (6:00)
- 8 Step left foot to left side.

(17-24) Cross Rock, Recover, Shuffle, Side, Cross, ¼ Sweep- Step, Side-Rock-Cross.

- 1, 2 Rock right foot across left, Recover weight to left.
- 3&4 Step right foot to right, Step left next to right, Step right foot right.
- 5, 6 Step left across right (angling to left) Sweep right across left making ¼ turn left and taking weight on left. (3:00)
- 7&8 Rock left onto left foot, Recover weight to right foot, Step left across right.

(25-32) Side Shuffle, Cross Rock, Recover, Side, Jazz Box.

- 1&2 Step right foot right, Step left next to right, Step right foot right.
- 3&4 Rock left foot across right, Recover weight to right, Step left foot left.
- 5, 6 Step right across left, Step left foot back.
- 7, 8 Step right foot right, Step left next to right.

Repeat





墙娄

拍数: 32

墙数: 4