

# Learning How To Bend

**COPPERKNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Gaye Teather (UK) - October 2008  
音乐: Learning How to Bend - Gary Allan : (CD: Living Hard)



Start dancing on lyrics

## Cross, Side Rock, Behind, Side, Cross Rock, ¼ Turn Right Shuffle Forward

- 1-3      Cross left over right, rock right to side, recover onto left
- 4-5      Cross right behind left, step left to side
- 6-7      Cross rock right over left, recover onto left
- 8&1      Turn ¼ right and step right forward, step left together, step right forward (facing 3:00)

Emphasize the side rock on step 2 to coincide with the words "fly" and "bend" throughout the song

## Step, Pivot ½ Turn Right, Step, Full Turn Left, Step, Pivot ¼ Turn Left

- 2-4      Step left forward, turn ½ right (weight to right), step left forward
- 5-6      Turn ½ left and step right back, turn ½ left and step left forward
- 7-8      Step right forward, turn ¼ left (weight to left, facing 6:00)

Option: steps 5-6 above can be replaced with 2 walks forward right, left

## Cross Rock, Chasse Right, Back Rock, ¼ Turn Left Shuffle

- 1-2      Cross/rock right over left, recover onto left
- 3&4      Step right to side, step left together, step right to side
- 5-6      Rock left back, recover onto right
- 7&8      Turn ¼ left and step left forward, step right together, step left forward (facing 3:00)

## Forward Rock, ½ Turn Right, Chasse Left, Back Rock, Kick-Ball-(Cross)

- 1-3      Rock right forward, recover onto left, turn ½ right and step right forward (facing 9:00)
- 4&5      Step left to side, step right together, step left to side
- 6-7      Rock right back, recover onto left
- 8&      Kick right forward, step right together

Repeat

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