

拍数: 56      墙数: 1      级数: Beginner  
编舞者: Helen Conroy (IRE) - October 2008  
音乐: Cotton Eye Joe - Rednex



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## Contra Flow, Fun Dance

### Section 1: Walk Forward X3 & Kick, Walk Back X3 & Touch

1-8      Walk forward R, L, R kick L forward, walk back L,R, L, touch R beside L

1-8      Repeat Section 1

### Section 2: Right & Left Vine & Touch, Right & Left Step Touches Forward X2

1-4      Step R to right side, step L behind right, step R to right side, touch L beside right

5-8      Step L to left side, step R behind left, step L to left side, touch R beside left

1-4      Step forward on R touch L beside right, step forward on L touch R beside left

5-8      Step forward on R touch L beside right, step forward on L touch R beside left

### Section 3: Clap Hands, Link Right & Left Arms & Circle Round

1-2      Clap your R hand with your partners R hand x2

3-4      Clap your L hand with your partners L hand x2

5-6      Clap R&L hands with your partners R&L hands x2

7-8      Clap your own hands x2

1-8      Link your R arm with your partners R arm, Step around in a circle R,L, x8

1-6      Link your L arm with your partners L arm, Step around in circle L,R X6

7-8      Step back into line on L,R (opposite side from where you started)

## Keep It Fun For Everyone

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