An1mal 1nst1nct



编舞者: Paul McAdam (UK) - October 2008 音乐: The Animal Song - Savage Garden



Count in: Approximately 48 Counts from start of track at about 25 seconds.

(1-8) Side R	ock Cross	Shuffla	1/4 Turn	Laft Shuffla
(1-0) Side R	COCK. CIOSS	Silullie.	/2 U	Leit Stiutile

1.2	Rock right foot out to right side, recover weight onto left foot
1.4	NOCK HALL TOOL OUL TO HALL SIDE. TECOVEL WEIGHT OHTO TELL TOOL

3&4 Cross right foot over left foot, step left foot to left side, cross right foot over left foot

5,6 Make a ¼ turn right and step back on left foot, make a ¼ turn right and step right foot to right

side

7&8 Left shuffle forward

(9-16) Switches X4, Kick Back Touch, Kick Ball Side Rock

1&2	Touch right toe out to right side, step right next to left, touch left toe out to left side

Step left next to right, touch right heel forward

Step right next to left, touch left toe back

5&6 Kick left foot forward, step back on left foot, touch right toe next to left

7& Kick right foot forward, step right foot next to left

8& Rock left foot out to left side, recover weight onto right

(17-24) Cross Side Sailor, Syncopated Weave Left

4.0	A 1 (1 ()		
1,2		over right, step	

3&4 Left sailor step

5&6 Cross right foot over left, step left to left side, cross right behind left

&7 Step left to left side, cross right foot over left&8 Step left to left side, cross right foot behind left

(&25-32&) & Touch Behind, Side, Behind-Side-Cross, Rock- Recover, Coaster Step, Together

Step left to left side, touch right toe behind left, step right foot to right side

Cross left foot behind right, step right foot to right side, cross left foot over right

5,6 Rock right foot forward, recover on left

7&8& Step back on right foot, step left foot next to right, step forward on right foot, step left foot next

to right

Alternative turn option for last 2 counts:

7&8& Make a ½ turn right and step forward on right foot, step left foot next to right, make a ½ turn

right and step forward on right, step left foot together

TAG: There is one tag at the start of the 3rd wall, you repeat counts 1-8 twice and then restart the dance again.

Start Again And Enjoy