Nothing Doing

拍数: 32

级数: Beginner

编舞者: Jan Brookfield (UK) - November 2008

音乐: The Boy Does Nothing - Alesha Dixon

Start on main vocals 24 seconds into song : "Does he wash up" No tags or re-starts, dance rotates in anti-clockwise direction.

MODIFIED BOX

1,2,3&4 S	tep R to side, close L to R, step R to side, close L to R, step R forward
5,6,7&8 S	tep L to side, close R to L, step L to side, close R to L, step L back

MAMBO BACK, WALK FORWARD, MAMBO FORWARD, MAMBO BACK

- 9&10 S tep R back, rock forward onto L, step on R in place
- 11,12 W alk forward L,R
- 13&14 S tep forward on L, rock back onto R, step on L in place
- 15&16 S tep R back, rock forward onto L, step on R in place

SIDE, CLOSE, MAMBO CROSS, TOE STRUTS x 2, HIP BUMPS

- 17-18 Step L to side, close R to left
- 19&20 S tep L to side, quickly close R to L, step L across R
- 21&22& S trut R to side, toe then heel, strut L across R, toe then heel
- 23&24& B ump hips R-L-R-L

STEP, TOUCH, STEP, TOUCH, BACK ROCK, STEP, HALF TURN PIVOT, QUARTER TURN TRIPLE

- 25&26& Step R to side, touch L next to R, step L to side, touch R next to L
- 27&28 Rock back onto R, rock forward onto L, step on R in place
- 29,30 Step L forward, pivot half turn over right shoulder, weight now on R
- 31&32 Stepping on L,R,L make a quarter turn over right shoulder (now facing 9 o'clock wall)

START AGAIN





墙数:4