Shanghai Beach

级数: Improver

编舞者: Rep Ghazali (SCO) - November 2008

音乐: Shanghai Beach (上海灘) - Andy Lau (劉德華)

Intro: 24 count intro start on vocal

拍数: 32

- (Shanghai Beach) by (Francis Yip) 89bpm 24 count intro start on vocal
- (1-8) Rock-Recover, Triple Full Turn, Rock-Recover, Triple ³/₄ Turn
- 1-2 cross rock Right over Left, recover on Left
- 3&4 triple full turn Right by stepping Right-Left-Right on the spot

(easy option: triple step on the spot by stepping Right-Left-Right)

- 5-6 cross rock Left over Right, recover on Right
- 7&8 triple ³/₄ turn Left by stepping Left-Right-Left on the spot (3)

(9-16) Side-Behind, Ball-Cross-Point, 1/4 Monterey Turn, Coaster Step

- 1-2 step Right to Right side, step Left behind Right
- &3-4 step Right beside Left, cross Left over Right, point Right to Right side
- 5-6 ¹/₄ turn Right by stepping Right beside Left, point Left to Left side (6)
- 7&8 step back Left, step Right together, step forward Left (6)

(17-24) Cross-Back, Back-Cross-Back, Rock Back-Recover, Trilpe Full Turn

- 1-2 cross Right over Left, step back Left
- &3-4 step back Right, cross Left over Right, step back Right
- 5-6 rock back Left, recover on Right
- 7&8 triple full turn Right by stepping forward Left-Right-Left (6)
- (easier option: shuffle forward Left)

(25-32) Step-1/4 Pivot, Cross-Point, Cross-Back, Triple 1/2 Turn

- 1-2 step forward Right, ¼ pivot turn Left (3)
- 3-4 cross Right over Left, point Left to Left side
- 5-6 cross Left over Right, step back on Right
- 7&8 triple ¹/₂ turn Left by stepping forward Left-Right-Left (9)





墙数:4