Miss California

COPPER KNOP

拍数: 32 墙数: 4

级数: Intermediate / Advance West Coast Swing



编舞者: Rachael McEnaney (USA) - November 2008

音乐: Miss California - Dante Thomas

Count In: 32 counts intro from start of track

(1 - 8) Walk back left, right, sailor, behind side cross, touch left, cross back heel with ¼ turn 1 - 2 Walk back on left (1), walk back on right (2) 12.00 3 & 4 Cross left behind right (3), step right next to left (&), step left to left side (4) 12.00 & 5 & 6 Cross right behind left (&), step left to left side (5), cross right over left (&), touch left to left side (6) 12.00 7 & 8 Cross left over right (7), make ¼ turn left stepping back on right (&), touch left heel forward pushing hips back (8) 9.00

- (9 16) Ball step forward, pivot ½ turn left, side rock cross x2, step right side, sailor ¼ turn left (as ball change)
- & 1 2
 Step in place with left (&), step forward on right (1), pivot ½ turn left weight ends on left (2) 3.00
- 3 & 4 Rock right to right side (3), recover weight onto left (&), cross right over left (4) 3.00
- & 5 & 6Rock left to left side (&), recover weight onto right (5), cross left over right (&), step right to
right side (6) 3.00
- 7 & 8 Cross left behind right as you begin to make ¼ turn left (7), complete ¼ turn stepping back on ball of right (&), step left foot slightly forward towards 10.30

(17 – 24) Ball change (with body ripple styling), step forward right, left, right with knee pops, left triple step close with 3/8 turn, right crossing shuffle

- & 1 Rock back onto ball of right (&), step left foot in place (1) (styling: as you take count 1 imagine a hoop in front of you, imagine putting head through the hoop and continue with shoulders down to waist like a forward body roll) 10.30
- 2 Take strong step forward on right foot (2), as you do so pop left knee forward (styling: roll right shoulder back (so left will be forward)) 10.30
- 3 Take strong step forward on left foot (3), as you do so pop right knee forward (styling: roll left shoulder back (so right will be forward)) 10.30
- 4 Take strong step forward on right foot (2), as you do so pop left knee forward (styling: roll right shoulder back (so left will be forward)) 10.30
- 5 & 6 Step forward on left (5) make 3/8 turn left stepping right to right side & slightly back (&), step left next to right (6) (facing back) 6.00
- 7 & 8 Cross right over left (7), step left to left side (&), cross right over left (8) 6.00

(25 – 32) Step tap ball cross, ½ turn right triple cross, side rock cross, step right, behind, ¼ turn, rock forward

- & 1 & 2 Step left to left side (&), tap right toe to right diagonal (1), step ball of right in place (&), cross left over right (2)
- 3 & 4 Make ¼ turn left stepping back on right (3), make ¼ turn left stepping right to right side (&), cross right over left (4)
- & 5 & 6 Rock left to left side (&), recover weight onto right (5) cross left over right (&), step right to right side (6)
- 7 & 8 & Cross left behind right (7), make ¼ turn right stepping forward on right (&), rock forward on left (8), recover weight onto right (&)

NOTE: RESTART – There is a restart during 5th wall.

You begin the 5th wall facing 12.00, dance first 16 counts of dance takes you to the sailor with 1/4 turn ball

change 7 & 8 as below – add the extra "&" count as detailed

7 & 8 & Cross left behind right as you begin to make ¼ turn left (7), complete ¼ turn stepping back on ball of right (&), step left foot slightly forward towards (8), recover weight back onto right foot (&) – start again from beginning 12.00

START AGAIN, HAVE FUN!