

Losing My Mind

COPPERKNOB
STEPPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Willie Brown (SCO) - December 2008
音乐: I Call It Love - Anastacia : (CD: Heavy Rotation - or iTunes)



Intro; On vocals - 32 counts from very start of track

[] Brackets indicate which wall you should be facing (first wall only)

SECTION 1: KICK OUT OUT, SAILOR STEP, HITCH SWING, SAILOR STEP

1&2 Kick R forward, step R to R side, step L to L side
3&4 Cross R behind L, step L to L side, step R to R side
5,6 Hitch L knee towards R diagonal, swing L knee towards L diagonal (keeping L foot beside R knee)
7&8 Cross L behind R, step R to R side, step L to L side [12]

SECTION 2: POINT FWD SIDE, ½ SAILOR STEP, FULL ROLLING TURN, BALL CROSS

1,2 Point R toe forward to L diagonal, point R toe to R side
3&4 Cross R behind L, turn ¼ R and step L to L side, turn ¼ R and cross R over L
5,6 Turn ¼ L and step forward on L, turn ½ L and step back on R
7&8 Turn ¼ L and step L to L side, step R beside L, cross L over R [6]

SECTION 3: POINT, TOUCH, HITCH BALL HEEL & KICK BALL STEP, SWIVEL x2

1,2 Point R toe to R side, touch R toe beside L foot
3&4& Hitch R knee, step R beside L, touch L heel forward, step L beside R
5&6 Kick R foot forward, step slightly back on R, step slightly forward on L
7,8 Swivel heels to L making ¼ turn R (keep upper body facing forward), swivel heels to R making ¼ turn L – taking weight on R foot [6]

SECTION 4: & WALK FWD, ANCHOR STEP, TOUCH BACK ½ TURN, HITCH ¼ HITCH ½

&1,2 Step L beside R, step forward on R. step forward on L
3&4 Step R slightly behind L, step L in place, step back on R
5,6 Touch L toe back, turn ½ L taking weight on L [12]
&7 Hitch R knee and turn ¼ L, point R toe to R side [9]
&8 Hitch R knee and turn ½ L, point R toe to R side [3]

TAG; After wall 8 (facing 12 o'clock) you need to add a small 4 count tag by doing the following;
Hitch R knee and turn ¼ L - then repeat 3 more times to return to 12 o'clock

START AGAIN.....AND SMILE!!!!