No Love Aloud

拍数: 64

级数: Intermediate

编舞者: Robert Lindsay (UK) - January 2009

音乐: The Loving Kind - Girls Aloud

Intro: 32 count intro. Start on vocals

Skate, Skate, Right Shuffle, Cross Rock, Recover, Step, Step

- 1-2 Skate right, skate left
- 3&4 Step forward right, step left together, step forward right
- 5-6 Cross rock left over in front of right, recover to right
- 7-8 Turn 1/4 left and step forward left, step forward right

Skate, Skate, Left Shuffle, Rock, Recover, ½ Turn Shuffle Right

- 1-2 Skate left, skate right
- 3&4 Step forward left, step right together, step forward left
- 5-6 Rock forward right, recover left
- 7&8 Turning ¹/₂ turn shuffle, stepping right, left, right

Left & Right & Left Hitch Turn, Chasse Left, Rock Back, Recover

- 1&2& Touch left to side, step left together, touch right to side, step right together
- 3&4 Touch left to side, hitch left, turn ¹/₂ right (weight stays right)
- 5&6 Step left to side, step right together, step left to side
- 7-8 Rock back to right, recover to left

(&) Step, Touch Right, Hitch Ball Touch, Cross Unwind Turn ½ Left, Shuffle Forward Right

- &1-2 Step right together, step forward left, touch right to side
- 3&4 Hitch right, step down on ball of right, touch left to side
- 5-6 Cross left behind right and unwind $\frac{1}{2}$ left (keep weight on left)
- 7&8 Step forward right, step left together, step forward right

Side, Behind & Cross, Step, Rock Back, Recover, Shuffle Diagonally Forward Right

- 1-2 Step left to side, cross right behind left
- &3-4 Step left together, cross right over left, step left to side
- 5-6 Rock back to right, recover to left
- 7&8 Step diagonally forward right, step left together, step diagonally forward right

Cross, Unwind, Turn ½ Right, Shuffle Diagonally Back Right, Rock Back, Recover, Shuffle Forward Left

- 1-2 Cross left over in front of right, unwind ¹/₂ right
- 3&4 Step diagonally back right, step left together, step diagonally back right
- 5-6 Rock back to left, recover to right
- 7&8 Step left diagonally forward right, step right together, step left diagonally forward right

Side, Behind & Cross, Step, Rock Back, Recover, Shuffle Diagonally Forward Left

- 1-2 Step right to right, cross left behind right
- &3-4 Step right together, cross left over right, step right to right
- 5-6 Rock back to left, recover to right
- 7&8 Step diagonally forward left, step right together, step diagonally forward left

Cross, Unwind Straightening Up To Wall Behind, Shuffle Back Left, Rock Back, Right Kick Ball Change

1-2 Cross right over in front of left, unwind left straightening up to the wall behind

3&4 Step back left, step right together, step back left





墙数:4

5-6 Rock back to right, recover to left

7&8 Kick forward right, step down to ball of right, step forward left

Repeat