

Cadance

拍数: 64 墙数: 4 级数: Beginner
编舞者: Milo Eve (NL) - February 2009
音乐: Working on the Chain Gang - The Nylons



Sequence: (32)-64-16-64-64-16-64-64-(32).

Tag: End of wall 1 and 3 (start and end at same wall).

Intro 32 count / outro 32 count.

Start at 12.00

1-2: RF cross over LF, LF recover weight
3-4: RF step right, LF close next to
5-6: RF step right, LF recover weight
7-8: RF cross over LF, pause

at 12.00

9-10: LF step left, RF close next to
11-12: LF step fwd, RF scuff
13-14: RF cross over LF, LF step bwd and $\frac{1}{4}$ right
15-16: RF step right, pause

at 03.00

17-18: LF cross over RF, RF step right
19-20: LF cross behind RF, RF step right and $\frac{1}{4}$ right
21-22: LF step fwd and $\frac{1}{4}$ right, RF cross behind LF
23-24: LF tap left, pause

at 09.00

25-26: LF cross over RF, RF tap right
27-28: RF cross behind RF, LF tap left
29-30: LF cross behind RF and $\frac{1}{4}$ left, RF recover weight
31-32: LF step left and $\frac{1}{4}$ left, RF scuff

at 03.00

33-34: RF toe fwd, heel down
35-36: LF toe fwd, heel down
37-38: RF step right, LF recover weight
39-40: RF cross over left, LF step left and $\frac{1}{4}$ left

at 12.00

41-42: RF step fwd, LF close next to
43-44: RF step right, LF close next to
45-46: RF step bwd, LF step bwd and $\frac{1}{2}$ left
47-48: RF step fwd and $\frac{1}{2}$ left, LF tap left

at 12.00

49-50: LF cross behind RF, RF step right
51-52: LF cross over RF, RF lift knee and $\frac{1}{4}$ left
53-54: RF step fwd, LF close behind
55-56: RF step fwd, LF lift knee and $\frac{1}{4}$ right

at 12.00

57-58: LF step left, RF recover weight and $\frac{1}{4}$ right
59-60: LF step fwd and $\frac{1}{4}$ right, RF recover weight and $\frac{1}{4}$ right
61-62: LF cross over RF, RF step bwd
63-64: LF step left, RF scuff

at 09.00

Tag:

- 1–2: RF cross over LF, LF step left
 - 3–4: RF cross behind LF, LF tap left
 - 5–6: LF cross over RF, RF step right
 - 7–8: LF cross behind RF, RF tap right
 - 9&10: RF cross over LF, LF close behind, RF cross over LF
 - 11–12: LF step left, RF tap next to
 - 13&14: RF step right, LF recover weight, RF cross over LF
 - 15–16: LF step left, RF scuff
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