Hold Me Love Me

级数: Easy Intermediate

编舞者: Alan Haywood (UK) - March 2009

音乐: Make Love to Me - Anne Murray : (Album: Croonin')

(16 count intro – start on vocals)	
Section 1: Wa	llk forward R L, R forward lock step, rock forward L, recover R, ¼ L sailor
1-2	Step forward onto right, step forward onto left
3&4	Step forward onto right, lock left behind right, step forward onto right
5-6	Rock forward onto left, recover weight back onto right
7&8	Making a ¼ turn left step left behind right, step right to right side, step left to left side 9 o/c
Section 2: R f	orward side rocks (twinkle), L forward side rocks (twinkle), R over, ¼ R, R coaster
1&2	Cross step right over left, rock left to left side, recover weight onto right
3&4	Cross step left over right, rock right to right side, recover weight onto left
5-6	Cross step right over left, make a ¼ turn right stepping left back 12 o/c
7&8	Step back onto right, step left next to right, step right forward
Section 3: & F	R forward, ½ R, R coaster, L forward, ½ R, L forward lock step
&1	Step left next to right, step right forward (extended 5th),
2	Make ½ turn right stepping left back 6 o/c
3&4	Step back onto right, step left next to right, step right forward
5-6	Step forward onto left, pivot ½ turn right 12 o/c
7&8	Step forward onto left, lock right behind left, step left forward
Section 4: R f	orward, ½ L, cross rock recover ¼ R, L forward, ½ R, L forward lock step
1-2	Step forward onto right, pivot ½ turn left 6 o/c
3&4	Cross rock right over left, recover weight onto left, step right ¼ right 9 o/c
5-6	Step forward onto left, pivot ½ right 3 o/c
7&8	Step forward onto left, lock right behind left, step left forward
RESTARTS H	IERE ON WALLS 3 AND 5
Section 5: Ro	ck forward R, recover L, triple ½ R, L over, sway R L, touch R
1-2	Rock forward onto right, recover weight back onto left
38.1	Triple $\frac{1}{2}$ turn right stepping right left right 9 o/c

- 3&4 I riple ½ turn right stepping right left right 9 o/c
- 5-6-7-8 Cross step left over right, sway right side, recover left, touch right next to left

Section 6: R over jazz box, 2 x ¼ L paddles (use hips)

- 1-2 Cross step right over left, step left back
- Step right to right side, step left slightly forward 3-4
- 5-6 Step forward onto right, make 1/4 turn left (use hips) 6 o/c
- 7-8 Step forward onto right, make 1/4 turn left (use hips) 3 o/c

REPEAT AND ENJOY!

Restarts

As always, really easy to spot (he he!) - during walls 3 and 5, dance up to count 32 (Section 4), then restart the dance.

To clarify – wall 3 starts facing 6 o'clock and restarts facing 9 o'clock. Wall 5 is the instrumental section - starts facing 12 o'clock and restarts facing 3 o'clock. Fi and Alan Haywood





拍数: 48

墙数:4