

# Don't Get No Sand In It

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Paula Baker (USA) - March 2009  
音乐: Don't Get No Sand In It - Billy Pierson : ([www.bilypiercemusic.com](http://www.bilypiercemusic.com))



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## **CROSS POINT, 1/4 SAILOR STEP, FULL TURN, MAMBO**

1-2      Cross left over right, point right out to side  
3&4      Step right behind left making 1/4 turn right, step left to left, step right to right  
5-6      1/2 turn right step back on left, 1/2 turn right step right forward (or WALK)  
7&8      Rock forward on left, recover on right, step left next to right (3:00)

## **COASTER, 1/2 TURN RIGHT, 1/2 TURNING TRIPLE, SWEEP X 2**

1&2      Step right back, step together with left, forward with right  
3-4      Step left forward, make 1/2 turn right (wt. on right)  
5&6      Make 1/2 turn right stepping left, right, left  
7-8      Sweep right from front to back & step, sweep left from front to back & step

## **SAILOR STEP 1/4 TURN, STEP TOUCH X 2, JAZZ BOX W/TURN**

1&2      Step right behind left making 1/4 turn right, step left to side, step right to side  
3-4      Step forward on left, touch right to side  
5-6      Step forward on right, touch left to side  
7&8      Cross left over right, step back on right, step to left making 1/4 turn left (3:00)

## **HEEL AND HEEL, SWAY RIGHT & LEFT, HEEL AND HEEL, SWAY LEFT & RIGHT**

1&2      Touch right heel forward, step back on right, touch left heel forward  
&3,4      Step back on left, and step to right swaying hips right, then left (wt. on left)  
&5&6      Step back on right, touch left heel forward, step back on left, touch right heel forward  
&7,8      Step back on right, step to left swaying hips left, then right (wt. on right )

**Re-start at Wall 5 -- Do first 16 counts of dance and add an "&" count by stepping back on right to start dance over with left.**

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