拍数： 0
壇数： 0
级数：Phrased Intermediate（with an Indian touch）

编舞者：Amy Christian（USA）－March 2009


音乐：Jai Ho！（You Are My Destiny）（feat．Nicole Scherzinger）－A．R．Rahman \＆The Pussycat Dolls

Sequence：A minus B，A minus BCC，AB，A minus B，A minus BCC，ABBCC，BB．
Intro： 32 Count．（Keep in mind that the arm movements are optional）
Part A 32 Counts（The first 16 Counts of Part A is A Minus）
Rocking Chair，Side，Rock，Step，Hold
1－4 Rocking Chair，
5－8 Rock to R side，Recover，Step R next to L，Hold，（or Touch L next to R），
（There are optional arm movements－look out for video）
Rocking Chair，Side，Rock，Step，Hold
1－4 Rocking Chair，
5－8 Rock to L side，Recover，Step L next to R，Hold，（or Touch R next to L），
（A Minus ends here）．
Side，Rock，Recover，Side，Rock，Recover X 2
1\＆2 3\＆4 Step $R$ to $R$ side（1），Step behind $R$ on the ball of $L$ foot（\＆），Replace on $R$ foot（2），Step $L$ to $L$ side（3），Step behind $L$ on the ball of $R$ foot（ $\&)$ ，Replace on $L$ foot（4），
5\＆67\＆8（Repeat counts 1\＆2 3\＆4），
$1 / 4$ Paddle Turns with Hip Rolls X 4
1－2 Step fwd on $R$ foot，Pivot $1 / 4$ turn left，rocking weight onto $L$ foot（Roll hips）
3－4 Step fwd on R foot，Pivot $1 / 4$ turn left，rocking weight onto $L$ foot（Roll hips）
5－8（Repeat counts 1－4）
Just keep in mind that the full 32 counts of Part A，is only done twice in the whole dance and its done right after the Part CC＇s．

Part B 16 Counts
Step，Hold，Straighten Up，Hold， $1 / 4$ Hitch Heel Bounce，Heel Bounce，Step，Touch
1－2 Step $R$ to $R$ side bending knees，hands above your head，clasp together（1），Hold（2），
3－4 Straighten up \＆step L foot next to $R$ with no weight，，Hands still clasped together at chest level（3），Hold（4），
5－6 Hands still clasped together at chest level，Hitch L foot $1 / 4$ turn left，Bouncing $R$ heel twice， 7－8 Step fwd on $L$ foot，Touch $R$ foot next to $L$ foot，

Out，Out，Shoulder Pops，Rock Back，Recover，Step，Pivot $1 / 4$
1－2（Drop hands）Step $R$ to right side，Step $L$ to left side，
3－4 Pop R Shoulder，Pop L Shoulder，
5－6 Rock back on R foot，Recover on L foot，
7－8 Step fwd on R foot，Pivot $1 / 4$ turn left on $L$ foot，

## Part C 32 Counts

R Samba，L Samba，R Samba，L Samba
1\＆2 Cross $R$ foot over $L$ ，Step $L$ to the side，Rock $R$ in place，
$3 \& 4$ Cross $L$ foot over R，Step $R$ to the side，Rock $L$ in place，
5\＆67\＆8（ Repeat counts 1\＆2，3\＆4）

Optional Arms - Look at hands as hands cross in flowing motion, moving upwards.
Rock, Recover, Full Triple, Rock, Recover, Triple $1 / 2$ Turn
1-2 Rock fwd on $R$ foot, Recover on $L$ foot,
3\&4 Triple Full turn right, R,L,R,
5-6 Rock fwd on L foot, Recover on R foot,
7\&8 Triple $1 / 2$ turn left, L,R,L,
Cross, Point, Cross, Point, Jazz Box,
1-2 Cross $R$ foot over $L$ foot, Touch $L$ foot out to $L$ side,
3-4 Cross $L$ foot over $R$ foot, Touch $R$ foot out to $R$ side,
5-6 Cross $R$ foot over $L$ foot, Step back on $L$, Step $R$ to $R$ side, Step $L$ next to $R$,
Step Bump Bump X 2, Sway X 4
1-2 Step $R$ foot to $R$ side and bump $R$ hip twice, Bump $L$ hip twice,
5-6 Sway, R, L, R, L,
The Finish
On the last Part B, you will be at the 9 'o clock wall, dance right till the Shoulder Pops, on counts 3-4 (11-12), on count 5 , just make a $1 / 4$ turn right facing the front wall, stepping $R$ foot to right side, knees bent, hands clasped together! Hold that pose!

Have fun with it! It's a lot easier than it looks here on this step sheet!
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