Creole Woman



拍数: 48 墙数: 2 级数: Intermediate

编舞者: Lois Lightfoot (UK) - February 2009

音乐: Creole Woman - Toby Keith: (CD: That Don't Make Me a Bad Guy)



Intro: 32 count intro start on vocals (120 BMP).

Sec 1: Walk forward	l Riaht left	Right sten	nivot ¾ turn	Left rock recover	· Rock Back

1-2	Step right foot forward, Step left foot forward
3-4	Step right foot forward, Pivot ¾ turn to left.

5-6 Rock right foot diagonally forward, Recover onto left.7-8 Rock right foot behind left foot, Recover weight onto left.

Sec 2: Syncopated Vine Right, Left sailors shuffle, Right Sailors 1/4 turn right.

1-2 Step right foot to side, Cross left foot behind right.

Step Right to side, Step left over right, Step right foot to side.

Step left foot behind right, step right to side, Step left to side.

7&8 Step Right behind left making ¼ turn to right, Step left to side, Step right to side.

Sec 3: Left step pivot ½ turn, Full turn forward, Left Rock, Left Coaster step.

1-2 Step left foot forward, Pivot ½ turn to right.

3-4 Step left foot forward making ½ turn right, step right foot back making ½ turn right.

(Note can be replaced with two walks forward)

5-6 Left foot rock forward, Recover weight onto right foot.

7&8 Step left foot back, Step right next to left foot, Step left foot forward. (Restart the dance at this point on wall 4 you will be facing 6 o clock when you restart)

Sec 4: Right pivot ¼ turn, Right cross shuffle, ½ hinge turn right, Left cross rock.

1-2 Step right foot forward, Pivot ¼ turn to left.

Step right foot over left foot, step left foot to left, step right foot over left foot.

5-6 make ¼ turn right stepping left back, make ¼ right stepping right to side.

7-8 Cross rock left foot over right, Recover weight onto right foot.

Sec 5: Syncopated Vine left, Left side, Hold, Rock out recover.

Step left to side, Step right foot over left foot, Step left foot to side.Step right foot behind left foot, Step left to side, Step right foot over left.

5-6 Step left foot to left side, Hold for one beat.

&7-8 Step right next to left foot, Rock left foot out to side Recover onto right foot.

Sec 6: Cross Left over right, 3/4 rolling turn left, step right forward, Left Rock, Coaster step.

1-2 Cross left foot over right foot, make ¼ turn to left stepping right foot back,
3-4 Make ½ turn to left stepping left foot forward, Step forward onto right foot.

5-6 Rock forward onto left, recover onto right foot.

7&8 Step left foot back, Step right next to left, Step left foot forward.

Start again.

Restart on the 4th wall at the end on the 3rd Section facing 6 o clock.

(My Thanks to Adam for suggesting the music)