

Dance Some More

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Judy Rodgers (USA) - January 2009
音乐: Cheek to Cheek - Dr. Victor & The Rasta Rebels : (CD: If You Wanna Be Happy)



Intro: 32 count intro

RIGHT FORWARD MAMBO, LEFT FORWARD MAMBO, WALK, WALK, RIGHT FORWARD MAMBO

1&2 Rock right forward, recover to left, step right together
3&4 Rock left forward, recover to right, step left together
5- 6 Walk forward right, left
7&8 Rock right forward, recover to left, step right together
(added styling....on mambo steps, lean back on count 1 and forward on count 2 like samba movements)

SIDE ROCK STEP, SIDE ROCK STEP, SIDE ROCK CROSS & CROSS & CROSS

1&2 Rock to left, recover to right, step left slightly forward
3&4 Rock to right, recover to left, step right slightly forward
5&6 Rock to left, recover to right, cross left over
&7&8 Step right to right, cross left over right, step right to right, cross left over right

STEP BACK, TURN ½ STEP FORWARD, SHUFFLE FORWARD, ROCK RECOVER, TURN ½ SHUFFLE

1-2 Step right foot back, turn ½ left stepping left foot forward
(If easier: step right foot back turning ¼ left, step left foot forward turning ¼ left)
3&4 Shuffle forward right, left, right,
5-6 Rock left forward, recover to right,
7&8 Turning ½ left shuffle left, right, left

ROCK RECOVER SIDE, ROCK RECOVER TURN 1/4, WALK, WALK, WALK, WALK

1&2 Cross right over left, recover to left, step right to side
3&4 Cross left over right, recover to right, turn ¼ left stepping left forward
5-8 Walk right, left, right, left (prissy walks using hips)

REPEAT
