

Just A Little Poke

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Improver
编舞者: Michael Lynn (UK) - February 2009
音乐: Poker Face - Lady Gaga : (Album: The Fame, 3:58)



(32 count intro, 119bpm)

WALKS x2, SIDE ROCK-TOGETHER, WALKS x2, SIDE ROCK-TOGETHER

- 1-2 Walk right, walk left,
- 3&4 Rock right to right side, recover left, step right next to left,
- 5-6 Walk left, walk right,
- 7&8 Rock left to left side, recover right, step right to right side.

STEP, PIVOT 1/2 TURN LEFT, FORWARD RIGHT SHUFFLE, LEFT ROCK RECOVER, 1/4 TURN, HEELUPS

- 1-2 Step forward right, pivot 1/2 turn left,
- 3&4 Step forward right, close left beside right, step forward right,
- 5-6 Rock forward left, recover right,
- 7&8 Step left 1/4 left, lift both heels up, drop both heels (weight on left).

ALT STEPS: 3&4 can be replaced with a full triple turn left, stepping right, left, right.

RESTART: Restart dance from beginning at this point on Wall 4.

SIDE STEP 'N' CLAPS x2, CROSS ROCK RECOVER, RIGHT SIDE CHASSE

- &1-2 Step right next to left, step left to left side, clap,
- &3-4 Step right next to left, step left to left side, clap,
- 5-6 Cross rock right behind left, recover left,
- 7&8 Step right to right side, close left beside right, step right to right side.

CROSS ROCK RECOVER, SHUFFLE 1/4 TURN LEFT, STEP, PIVOT 1/2 TURN LEFT, STEP, HEEL SWIVELS x2

- 1-2 Cross rock left behind right, recover left,
- 3&4 Step left to left side, close right beside left, step left 1/4 left,
- 5&6 Step forward right, pivot 1/2 turn left, step right beside left,
- 7-8 Swivel both heels left, swivel both heels right (keeping weight on left).

CHOREOGRAPHER's NOTE's

RESTART: As with Craig Bennet's dance there is 1 restart due on wall 4 after count 16. The restart causes you to be facing your new wall (9 o'clock wall) turning it into a 2 wall dance done on 4 walls.