

J Ho AB

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Absolute Beginners
编舞者: Tiffany Carter (UK) - April 2009
音乐: Jai Ho! (You Are My Destiny) (feat. Nicole Scherzinger) - A. R. Rahman & The Pussycat Dolls



Right Grapevine, Side Touches

- 1-2 Step Right To Right Side, Cross Left Behind Right
- 3-4 Step Right To Right Side, Touch Left Beside Right
- 5-6 Step Left To Left Side, Touch Right Beside Left
- 7-8 Step Right To Right Side, Touch Left Beside Right

optional arms: Both arms out to sides making a big circle up and over head bringing them down in front of body to meet in prayer position.

Left Grapevine, Side Touches

- 9-10 Step Left To Left Side, Cross Right Behind Left
- 11-12 Step Left To Left Side, Touch Right Beside Left
- 13-14 Step Right To Right Side, Touch Left Beside Right
- 15-16 Step Left To Left Side, Touch Right Beside Left

optional arms: Both arms out to sides making a big circle up and over head bringing them down in front of body to meet in prayer position.

Step Forward Right & Heel Bounces ¼ Turn Left X2

- 17-20 Step Right Forward, Bounce Both Heels 3 Times Turning ¼ Left
- 21-24 Step Right Forward, Bounce Both Heels 3 Times Turning ¼ Left

optional arms: Tommy Cooper "Just Like That" or

Put arms straight down with palms facing ground and bounce shoulders in time with heel bounces

'V Step' X2

- 25-26 Step Forward And Out On Right, Step Forward And Out On Left
- 27-28 Step Back On Right, Close Left To Right
- 29-30 Step Forward And Out On Right, Step Forward And Out On Left
- 31-32 Step Back On Right, Close Left To Right

Start Again And Enjoy