

# Wonderful Waste Of Time

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Ultra Beginner  
编舞者: Gerald Biggs (USA) - April 2009  
音乐: Wonderful Waste Of Time - Jeff Cook & The Allstar Goodtime Band : (CD: Ashes  
Won't Burn)



Or music:

Cold Outside by Big House, CD: Big House

Baby Likes To Rock It by The Tractors, CD: The Tractors

Start on lyrics

## FORWARD TOE STRUTS

1-2      Step forward on LT toe, Drop LT heel down  
3-4      Step forward on RT toe, Drop RT heel down  
5-6      Step forward on LT toe, Drop LT heel down  
7-8      Step forward on RT toe, Drop RT heel down

## LT SIDE ROCK, RECOVER, CROSS TOE STRUT, RT SIDE ROCK, RECOVER, CROSS TOE STRUT

1-2      Step LT slightly to side while rocking onto LT, Recover onto RT  
3-4      Touch LT toe across RT foot, Step down on LT foot (heel thrust)  
5-6      Step RT slightly to side while rocking onto RT, Recover onto LT  
7-8      Touch RT toe across LT foot, Step down on RT foot (heel thrust)

## VINE LT, TOUCH, HEEL, TOE, SIDE TOE TOUCH, HITCH ¼ TURN LT

1-2      Step LT to side, Step RT behind LT  
3-4      Step LT to side, Touch RT toe next to LT  
5-6      Touch RT heel forward, Touch RT toe backwards  
7-8      Touch RT toe to RT side, Hitch RT knee up while turning ¼ turn LT (9:00)

## WALK BACK, HITCH, FORWARD STEP TOGETHER, STEP, STOMP TOGETHER

1-2      Step back RT, Step back LT  
3-4      Step back RT, Hitch LT knee up  
5-6      Step forward on LT, Step RT next to LT  
7-8      Step forward on LT, Stomp RT next to LT

Start again