Adalida Stomp

拍数: 64

级数: Easy Intermediate

编舞者: Jan Wyllie (AUS) - April 2009

音乐: Adalida - George Strait

Intro: 16 count intro.

Side Behind, Side Fwd, Stomp Clap, Stomp Clap

- Step R to right, Step L behind R, Step R beside L, Step slightly fwd on L 1,2,3,4
- 5,6,7,8 Stomp R beside L, Clap, Stomp R beside L, Clap

Side Behind, Side Fwd, Stomp Clap, Stomp Clap

- 9.10.11.12 Step R to right, Step L behind R, Step R beside L, Step slightly fwd on L 13,14,15,16 Stomp R beside L, Clap, Stomp R beside L, Clap
- Fwd Back, Back 1/4 Touch, Fwd Together, Fwd Scuff 17,18 Rock/step fwd on R, Rock back on L
- 19.20 Step back on R, Touch L beside R while making 1/4 left
- Step fwd on L, Step R beside L, Step fwd on L, Scuff R fwd 21,22,23,24

Fwd Back, Back 1/4 Touch, Fwd Together, Fwd Scuff

- 25.26 Rock/step fwd on R, Rock back on L
- Step back on R, Touch L beside R while making 1/4 left 27,28
- Step fwd on L, Step R beside L, Step fwd on L, Scuff R fwd 29,30,31,32

Side Stomp, Side Stomp, Side Together, Back Touch

33,34,35,36 Step R to right, Stomp L beside R, Step L to left, Stomp R beside L

37,38,39,40 Step R to right, Step L beside R, Step back on R, Touch L beside R

Side Stomp, Side Stomp, Side Together, Fwd Scuff

41,42,43,44 Step L to left, Stomp R beside L, Step R to right, Stomp L beside R 45,46,47,48 Step L to left, Step R beside L, Step fwd on L, Scuff R fwd

Fwd Back, Toe Strut Back, Shuffle Back, Back Fwd

- 49,50 Rock/step fwd on R, Rock back on L
- 51,52 Step back on R toe, Drop R heel to floor (toe strut)
- 53&54 Shuffle back L,R,L
- 55,56 Rock/step back on R, Rock fwd on L

Heel Strut Fwd RL, Side Toe Strut, Stomp Hold

- 57,58,59,60 Heel strut fwd R, L
- 61,62 Step R toe to right side, Drop R heel to floor (toe strut)
- 63.64 Stomp L beside R, Hold

*There is a 4 count tag at the end of walls 1 and 4

Touch R heel fwd, Hold, Touch R toe beside L, Hold 1,2,3,4

Here's another easy little dance.

It does have 64 counts, but many of the steps are repetitive so I'm sure most dancers will manage it. I hope you enjoy it... especially if you enjoy George Strait songs! I do! See you on the floor sometime.... Jan

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墙数:2