

Carioca

COPPER KNOB
STEPPERS

拍数: 64 墙数: 2 级数: High Improver
编舞者: Ira Weisburd (USA) - April 2009
音乐: The Carioca - Caetano Veloso



Translation: Carioca is a native of Rio de Janeiro.

Part I. Bolero Box (2x) - Forward, Side Together; Back, Side Together. (S-Q-Q)

- 1-2 Step forward with L foot, hold
- 3-4 Step R to R side, Step-close with L beside R foot.
- 5-6 Step back with R foot, hold
- 7-8 Step L to L side, Step-close with R beside L foot.
- 9-16 Repeat Part I. (1-8).

Part II. Four Forward Strolls ie. (Step, hold, lock step) 4x ; (S-Q-Q)

- 1-2 Step diagonally forward with L foot, hold
- 3-4 Lock R foot behind L foot and transfer weight onto R, Step diagonally Forward onto L foot.
- 5-8 Repeat Part II. (1-4) with R foot.
- 9-16 Repeat Part II. (1-8).

Part III. Weave Four Steps (L over R); Cross Rock Step (L over R); ¼ turn L, Flick R; (Repeat Same with R foot.)

- 1-2 Step with L across R foot, Step R to R
- 3-4 Step with L behind R foot, Step R to R
- 5-6 Step with L across R foot, Rock back onto R foot
- 7-8 Make ¼ turn to L with L foot, Flick R heel out to R side
- 9-10 Step with R across L foot, Step L to L
- 11-12 Step with R behind L foot, Step L to L
- 13-14 Step with R across L foot, Rock back onto L foot
- 15-16 Make ¼ turn to R with R foot, Flick L heel out to L side

Part IV. Step Forward, Forward Rock Step; Step Back, Back Rock Step; Walk Forward four steps (L,R,L,R) in S-Q-Q-S Rhythm; Pivot ½ turn R (L,R).

- 1-2 Step forward with L, hold
- 3-4 Step forward with R, Rock back onto L
- 5-6 Step back with R, hold
- 7-8 Step back with L, Rock forward onto R
- 9-10 Step forward with L, hold
- 11-12 Step forward with R, Step forward with L
- 13-14 Step forward with R, hold
- 15-16 Step forward with L, pivot ½ turn to R onto R foot.

REPEAT DANCE. (Facing Back Wall.)