拍数： 32
境数： 2
级数：Improver NC2
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音乐：Yesterday－Leona Lewis

## Alt．Music：Some People by LeAnn Rimes

Nightclub Basic Left，Nightclub Basic Right，Sway，Cross，Unwind Turn
1－2\＆Large step left to left side，Cross step right behind left and cross left over right
3－4\＆Large step right to right side，Cross step left behind right and cross right over left
5－6 Step left to left side \＆swing hips to left side and to right side
7－8 Cross step left over right and full turn on balls of the feets（Unwind turn）－weight on right foot－
Nightclub Basic Left，Side－Behind－Side，Cross，Step Right $1 / 4$ Turn－Step，Step Right－Full Turn
1－2\＆Large step left to left side，Cross step right behind left and cross left over right
3－4\＆Step right to right side，Cross step left behind right and step right to right side
5－6\＆Cross step left over right，Step right to right side（lift left foot）with $1 / 4$ turn left 9：00 Recover onto left
7－8\＆Step right to right side， $1 / 2$ turn right \＆step left back and $1 / 2$ turn right \＆step forward onto right
Side，Behind－ $1 / 4$ Turn R，Walk，Walk，Walk，Rock FWD，Sweep，Behind Side
1－2\＆Step left to left side，Cross step right behind left and $1 / 4$ turn right \＆step forward onto right 12：00
3－4\＆Step forward onto right，step forward onto left，step forward onto right
5－6\＆$\quad$ Rock forward onto left（right heel slightly raise），Recover onto right and recover onto left 7－8\＆Recover onto right，sweeping left from front to back，Cross step left behind right and step right to right

Cross Walk，Cross－Side－Behind－Sweep－Behind－Side，Cross Rock over R \＆L， $1 / 4$ Turn R $1 / 4$ Turn R
1－2\＆Cross step left over right，Cross step right over left and step left to left side
3－4\＆Cross step right behind left，Sweep left from front to back \＆cross behind right and step right to right side
5－6\＆Cross step left over right（right heel slightly raise），Recover onto right and step left to left side 7－8\＆Cross step right over left（left heel slightly raise），Recover onto left and $1 / 4$ turn right \＆step forward onto right
（1） $1 / 4$ turn right and repeat in new direction．

