

Halo

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - April 2009
音乐: Halo - Beyoncé



Starts after 16 Counts

Side, Rock & Side, Rock & 1/4, Step, Step 1/2 Step.

- 1 Step Left to Left side.
- 2&3 Rock Right behind Left, recover on Left, step Right to Right side.
- 4&5 Rock Left behind Right, recover on Right, make 1/4 turn to Left stepping forward on Left.
- 6 Step forward on Right.
- 7&8 Step forward on Left, pivot 1/2 turn to Right, step forward on Left.

1/2, 1/4 Side, Rock & 1/4, Sailor 3/4 Cross, Slow Unwind Full Turn, Sweep Behind & Cross.

- &1 Make 1/2 turn to Left stepping back on Right, 1/4 turn Left stepping Left to Left side.
- 2&3 Rock Right behind Left, recover on Left, make 1/4 turn Left stepping back on Right.
- 4&5 Make 1/4 turn to Left stepping Left to Left side, 1/4 turn Left stepping Right next to Left, 1/4 turn Left stepping Left over Right. (Dip slightly count 5)
- 6-7 Unwind a slow full turn to Right (over 2 counts)
- 8&1 Sweep Right out & step behind Left, step Left to Left side, cross lock Right over Left (dip)

Back, 1/2 Turn, Step 1/4 Cross, 1/4, 1/2, Step Full Turn Touch.

- 2-3 Step back on Left, make 1/2 turn to Right stepping forward on Right.
- 4&5 Step forward on Left, pivot 1/4 turn to Right, cross step Left over Right.
- 6-7 Make 1/4 turn to Left stepping back on Right, 1/2 turn to Left stepping forward on Left.
- 8&1 Step forward on Right, pivot 1/2 turn to Left, 1/2 turn to Left touching Right to Right.

Cross, 1/4, Coaster Step, Step, 1/2, 1/2, 1/2, Touch.

- 2-3 Cross step Right over Left, make 1/4 turn to Right stepping back on Left.
- 4&5 Step back on Right, step Left next to Right, step forward on Right.
- 6 Step forward on Left.
- 7&8& Make 1/2 turn to Left stepping back on Right, 1/2 turn to Left stepping forward on Left, 1/2 turn to Left stepping back on Right, touch Left next to Right.

(Alternative... Run forward on Right, Run forward on Left, make 1/2 turn to Left stepping Back on Right, touch Left next to Right)

Restart: Wall 7.

Dance Up To & Including Count 3 (19) Section 3.. Then Touch Left Next To Right & Restart Dance From Count 1

Last Update - 3 July 2020