Mamma Maria



拍数: 32 墙数: 4 级数: Ultra Beginner

编舞者: Frank Trace (USA) - May 2009

音乐: Mamma Maria - Ricchi E Poveri : (Italian) 或: Mamma Maria - The Countdown : (Italian)



Start dance 16 counts in on vocal.

Note: There are many recordings of this song, all will work.

Alt. Music:

- "High Lonesome Sound" by Vince Gill (96 bpm) (Country)
- "Poker Face" by Lady Gaga (120 bpm) (Pop)
- * When using Poker Face, start dance 32 counts in on heavy beat.

WALK FORWARD DIAGONALLY RIGHT, KICK, WALK BACK DIAGONALLY LEFT, TOUCH

1-4 Walk forward right diagonal stepping R, L, R, kick L forward (1:30)

5-8 Walk back left diagonal stepping L, R, L, touch R next to L as you square up with front wall

(12:00)

WALK FORWARD DIAGONALLY LEFT, KICK, WALK BACK DIAGONALLY RIGHT, TOUCH

1-4 Walk forward left diagonal stepping R, L, R, kick L forward (10:30)

5-8 Walk back right diagonal stepping L, R, L, touch R next to L as you square up with front wall

(12:00)

TWO CHARLESTON STEPS

1-4 Step R forward, kick L forward, step L back, touch R back
5-8 Step R forward, kick L forward, step L back, touch R back

VINE RIGHT, TOUCH, VINE LEFT 1/4 TURN LEFT, TOUCH

1-4 Step R to right side, step L behind R, step R to right side, touch L next to R

5-8 Step L to left side, step R behind L, turning 1/4 left step on L, touch R next to L (9:00)

REPEAT

www.traceofcountry.com franktrace@sssnet.com