

Don't Be Afraid

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate / Advanced
编舞者: Steve Lescarbeau (USA) - May 2009
音乐: Don't Be Afraid - Elliott Yamin : (CD: Fight For Love)



Intro –Start after 32 beats. steve@aplusvacations.com

(1 –8) Ball Step Lock & Touch & Cross & Heel Hold & Cross ½ Turn

- & 1, 2 Quickly step on ball of L, Step R forward at a slight angle, Slide L behind R
- & 3 & 4 Quickly step on ball of R, Touch L next to R, Quickly step on ball of L, Cross R over L
- & 5, 6 Quickly step on ball of L, Place R heel forward, Hold
- & 7, 8 Quickly step on ball of R, Cross L over R, Unwind ½ turn to R (weight on L) 6:00

(9 – 16) Ball Rock Recover, Ball Rock Recover, Right Sailor ¼ Step, Out Out Knee Pop

- & 1, 2 Quickly step on ball of R, Rock L to L, Recover R,
- & 3, 4 Quickly step on ball of L, Rock R to R, Recover L
- 5 & 6 Step R behind L, Quickly Step L to L, Step R ¼ to R (9:00)
- & 7 & 8 Quickly step L to L and R to R (weight should be even), Pop knees up, then down

(17 – 24) Ball Cross, Back, Drag, Touch, & Rock Recover, Kick Ball Change

- & 1, 2 Quickly step on ball of L, Cross R over L, Take big step back on L
- 3, 4 Drag R heel back, Touch R next to L
- & 5, 6 Quickly step on ball of R, Rock L forward, Recover R,
- 7 & 8 Kick L forward, Quickly step on ball of L, Step on R

(25 -32) & R Wizard, & L Wizard, & Rock Recover, Coaster Step

- & 1, 2 Quickly step on ball of L, Step R forward at an angle, Slide L up to R
- & 3, 4 Quickly step on ball of R, Step L forward at an angle, Slide R up to L
- & 5, 6 Quickly step on ball of L, Rock R forward, Recover to L
- 7 & 8 Step back on R, Quickly step L back to R, Step R forward.

Begin Again!

After 8 walls (starting wall), there is a 4 count bridge in the music. Take a break, hold 4 beats.
