

Fluffy

拍数: 32 墙数: 4 级数: Beginner
编舞者: Gaby Neumann (DE) - April 2009
音乐: French Cancan - Rednex



Start dancing on lyrics

Or Music: Six Days On The Road by Sawyer Brown [166 bpm / CD: Line Dance Fever 3]
No One Needs To Know by Shania Twain [136 bpm / The Woman In Me]

Toe, Heel, Toe, Heel, Cross, Heel, Toe, Step

- 1 Touch right toe diagonally back (turn your knee a bit near left leg)
- 2 Touch right heel diagonally forward (turn right toe to the right)
- 3 Touch right toe diagonally back (turn your knee a bit near left leg)
- 4 Touch right heel diagonally forward (turn right toe to the right)
- 5 Cross/touch right over left
- 6 Touch right heel diagonally forward (turn right toe to the right)
- 7 Touch right toe diagonally back (turn your knee a bit near left leg)
- 8 Step right together

Toe, Heel, Toe, Heel, Cross, Heel, Toe, Heel

- 1 Touch left toe diagonally back (turn your knee a bit near right leg)
- 2 Touch left heel diagonally forward (turn left toe to the left)
- 3 Touch left toe diagonally back (turn your knee a bit near right leg)
- 4 Touch left heel diagonally forward (turn left toe to the left)
- 5 Cross/touch left over right
- 6 Touch left heel diagonally forward (turn right toe to the left)
- 7 Touch left toe diagonally back (turn your knee a bit near right leg)
- 8 Touch left heel diagonally forward (turn right toe to the left)

Heel Switches With Holds, Heel Switches

- &1 Step left together, touch right heel forward
- 2 Hold (option: clap)
- &3 Step right together, touch left heel forward
- 4 Hold (option: clap your hands)
- &5 Step left together, touch right heel forward
- &6 Step right together, touch left heel forward
- &7 Step left together, touch right heel forward
- 8 Hold

Hip Bumps, Hip Bumps With 2x 1/8 Turn

- 1 Step right forward and bump hip right (weight to right)
- 2 Hold
- 3 Bump hip left (weight to left)
- 4 Hold
- 5 Turn 1/8 left and step right forward and bump hip right
- 6 Step left together and bump hip left
- 7 Turn 1/8 left and step right forward and bump hip right
- 8 Step left together and bump hip left

Repeat

